

# The Safeguarding Resource Hub

School Improvement  
Liverpool

## Key websites/resources for children:

NSPCC video Talk **PANTS** with **Pantosaurus** and his PANTS song. This video will support primary aged children to keep themselves safe from **inappropriate sexualised touching**.



<https://youtu.be/-IL07JOGU5o>

Categories: Children, Parents/Carers, Professionals, Sexualised Touching, Child Abuse

NSPCC video - Share Aware Campaign 'Lucy and the Boy'

This resource will support primary children to learn about **online safety**.

[NSPCC Share Aware 'Lucy and the Boy'](#)

Categories: Children, Parents/Carers, Professionals, Online Safety



NSPCC video - Share Aware Campaign 'Alex's Willy'

This resource will support primary children to learn about the dangers of sending images of themselves **online**.

[NSPCC Video Share Aware 'Alex's Willy'](#)

Categories: Children, Parents/Carers, Professionals, Online Safety



Childnet is a website providing **online** resources and

School Improvement Liverpool©



guidance for children, parents and teachers. It contains top tips, games and safety information for both primary and secondary pupils

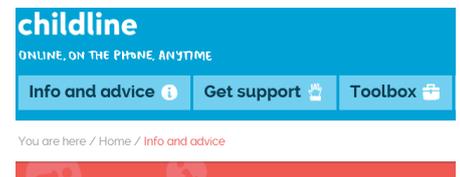
<https://www.childnet.com/>

Categories: Children, Young People, Parents/Carers, Professionals, Online Safety

Childline is a website and helpline providing **support** for young people up to the age of 18. It provides free advice and guidance from bullying through to exam stress and includes games 0800 1111

<https://www.childline.org.uk/toolbox/>

Categories: Children, Young People



Think you know <https://www.thinkuknow.co.uk/>

Provides resources to help children stay safe **online**.

The children's area is split into four age groups: 5-7, 8-10, 11-13 and 14+

Categories: Children, Young People, Parents/Carers, Professionals, Online Safety



UK safer internet Centre provides guidance and resources about **online safety** for children, families and professionals. The children's section,

which contains games, quizzes and films, is divided into two age groups: 3-11 and 11-19

<http://www.saferinternet.org.uk/>

Categories: Children, Young People, Parents/Carers, Professionals, Online Safety



Play Like Share from ThinkUKnow consists of three-episode animation for 8-10 year olds helps them to learn how to spot pressuring and manipulative behaviour **online** and to stay safe from other risks they might encounter **online**.

<https://www.thinkuknow.co.uk/parents/playlikeshare/>

Categories: Children, Young People, Parents/Carers, Professionals, Online Safety



CBBC Stay Safe website providing information and fun activities for children aged 9-12 to teach them how to stay safe **online** <https://www.bbc.com/ownit>

Categories: Children, Parents/Carers, Professionals, Online Safety



Cyber Sense by the Ariel Trust contains engaging Activities around **Cyber-bullying**, its causes and consequences. These exercises cover important topics like self-esteem, peer pressure, impact of gaming, staying safe **online** and selfies. It has been developed for use with Key Stage 2, years 5 and 6

<http://cybersense.arieltrust.com/>

Categories: Children, Parents/Carers, Professionals, Online Safety, Bullying



Jigsaw is a film for 8-10 year olds that helps them to understand what constitutes personal information and enables children to understand that they need to be just as protective of their personal information **online**, as they are in the real world.

<https://www.youtube.com/watch?v=o8auwnJtqE>

Categories: Children, Parents/Carers, Professionals, Online Safety



Know Your Friends with Josh & Sue is an animation looking at how to protect yourself **online**. It is aimed at children and young people with mild - moderate special educational needs

<https://www.youtube.com/watch?v=ecr6OJmT3Mg>

Categories: Children, Young People, Parents/Carers, Professionals, Online Safety



Aright Charlie is a resource designed by the Blast Project for use with children aged 9-11 to highlight the warning signs of **online** grooming in an age appropriate way. The film is seen through the eyes of Charlie who is groomed by Danny.

<https://www.mesmac.co.uk/projects/blast>

Categories: Children, Parents/Carers, Professionals, Online Safety



Out of Your Hands offers tips and advice for young people aged 7-16 to protect them from becoming victims of **phone crime** and fraud <https://www.outofyourhands.com/>



Categories: Children, Young People, Parents/Carers, Professionals, Online Safety, Phone Crime

National Bullying Helpline 0845 22 55 787 is an advice Centre offering **support** for those suffering **bullying** and harassment  
[www.nationalbullyinghelpline.co.uk/](http://www.nationalbullyinghelpline.co.uk/)



NATIONAL  
BULLYING  
HELPLINE

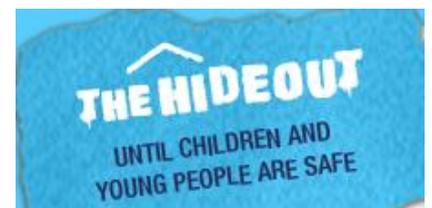
Categories: Children, Young People, Bullying

BullyBusters is a free-phone confidential helpline offering **support** and advice for victims of **bullying** and their families or those who are **bullying** others 0800 169 6928  
[www.bullybusters.org.uk/about\\_us/](http://www.bullybusters.org.uk/about_us/)



Categories: Children, Young People, Parents/Carers, Bullying

Women's Aid have created The Hideout website to help children and young people understand **domestic abuse**, and how to take positive action if it's happening to them  
[www.thehideout.org.uk/](http://www.thehideout.org.uk/)



Categories: Children, Young People, Parents/Carers, Domestic Abuse

The Domestic Violence Resource Centre (DVRCV) provides information for children aged 10-13 and young people aged 14-17 who are suffering **domestic abuse** <https://woah.org.au/>



Categories: Children, Young People, Parents/Carers, Domestic Abuse

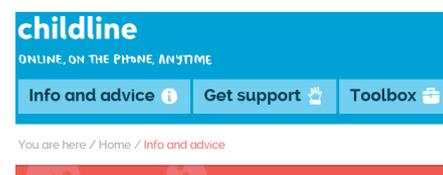
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<https://www.youtube.com/watch?v=ecr6OJmT3Mg>

Categories: Children, Young People, Parents/Carers, Online Safety



First2amillion is an interactive video aimed at adolescents which explores the consequences of risk-taking behaviour. Features some scenes which may be unsuitable for younger children <https://thinkuknow.co.uk/first2amillion/>

Categories: Young People, Parents/Carers, Online Safety



Can I be your friend? Is a short film which explores the dangers of living our lives **online**.

<https://youtu.be/aDycZH0CA4I>

Categories: Young People, Parents/Carers, Online Safety



This film follows Matt, a teenage boy who begins a relationship with a girl he has met **online**. Together they explore their sexuality via IM and webcam. Eventually they decide to meet up offline, however the girl isn't who Matt thought she was

<https://www.youtube.com/watch?v=9JpyO5XlfCo>

Categories: Young People, Parents/Carers, Online Safety



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Categories: Young People, Bullying



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[www.bullybusters.org.uk/about\\_us/](http://www.bullybusters.org.uk/about_us/)

Categories: Young People, Parents/Carers, Bullying

Ditch the Label is an anti-bullying charity providing Advice and **support** for young people

<https://www.ditchthelabel.org/>

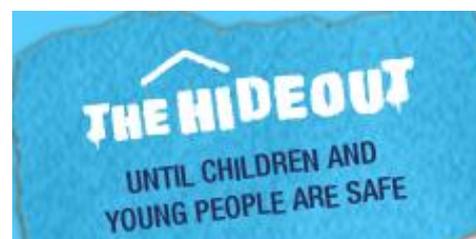
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provides information on **domestic abuse** for children aged 10-13 and young people aged 14-17 <https://woah.org.au/>

Categories: Children, Young People, Domestic Abuse



**Is It Love?** A film about **Domestic Abuse** and Violence

[https://www.youtube.com/watch?v=BYyB\\_FGV1GY](https://www.youtube.com/watch?v=BYyB_FGV1GY)

Categories: Young People, Professionals,  
Parents/Carers, Domestic Abuse



National Youth Advocacy Service 0808 808 1001 provides  
help, information, advice and **support** for young people

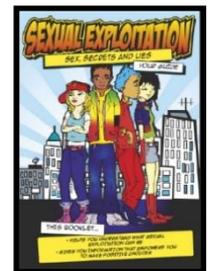
<https://youngpeople.nyas.net/>

Categories: Young People



Barnardo's resource book explains to young people what **Child Sexual Exploitation (CSE)** is and how to avoid it

[http://www.barnardos.org.uk/cse\\_booklet\\_sex\\_secrets\\_and\\_lies\\_-\\_english\\_version.pdf](http://www.barnardos.org.uk/cse_booklet_sex_secrets_and_lies_-_english_version.pdf)



Categories: Young People, Parents/Carers, Professionals, Sexual Exploitation, CSE

Listentomystory.co.uk Four young people share their stories

to enable young people to recognise if they are being **exploited** in  
their friendship or relationship and identify the signs.

Crime Stoppers 0800 555 111

[www.listentomystory.co.uk](http://www.listentomystory.co.uk)

Categories: Young People, Parents/Carers, Professionals, Sexual Exploitation, CSE, Crime  
Stoppers

**LISTEN TO MY STORY**

The NWG is a **child sexual exploitation** network offering **support** to young people and enabling their voices to be heard through its youth advisory board

<https://www.nwgnetwork.org/>

Categories: Young People, Sexual Exploitation, CSE



Love Don't Feel Bad gives young people information and advice about coercive and controlling relationships

[www.lovedontfeelbad.co.uk/](http://www.lovedontfeelbad.co.uk/)

Categories: Young People, Parents/Carers, Professionals, Sexual Exploitation, CSE



Disrespect Nobody has advice and **support** for victims of relationship **abuse** presented via fun videos

<https://www.disrespectnobody.co.uk/>

Categories: Young People, Parents/Carers, Professionals, Sexual Exploitation, CSE



'Say Something' is a national campaign which offers a free, anonymous helpline for young people to disclose information and seek **support** around **sexual exploitation** 116 000 There are also quizzes and resources [www.faceup2it.org/](http://www.faceup2it.org/)

Categories: Young People, Parents/Carers, Professionals, Sexual Exploitation, CSE



Wud U? is an app from Barnardo's which is designed to educate young people about the dangers of **sexual exploitation** through illustrated, interactive stories.



[www.barnardos.org.uk/what\\_we\\_do/our\\_work/sexual\\_exploitation/cse-professionals/wud-u-app.htm](http://www.barnardos.org.uk/what_we_do/our_work/sexual_exploitation/cse-professionals/wud-u-app.htm)

Categories: Young People, Parents/Carers, Professionals, Sexual Exploitation, CSE

CSE The Signs provides advice and **support** for parents and young people who suspect that someone is at risk of **child sexual exploitation or CSE**. [www.csethesigns.scot/](http://www.csethesigns.scot/)



Categories: Young People, Parents/Carers, Professionals, Sexual Exploitation, CSE

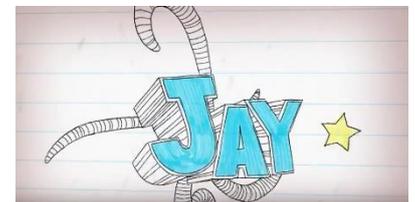
Know and See is a website for young people to help them spot the signs of **Child Sexual Exploitation (CSE)**

[www.knowandsee.co.uk/](http://www.knowandsee.co.uk/)



Categories: Young People, Parents/Carers, Professionals, Sexual Exploitation, CSE

Losing Control is a film about **sexual exploitation** made by Childline. It tells the story of Jay who groomed and sexually **exploited** his girlfriend, giving her alcohol and drugs so she'd sleep with his friends



<http://www.youtube.com/watch?v=XasNkfQ5AVM>

Categories: Young People, Parents/Carers, Professionals, Sexual Exploitation, CSE

Exploited is a short film from CEOP's Thinkuknow programme which helps young people learn to stay safe from **sexual exploitation** by recognising the signs.

[https://www.thinkuknow.co.uk/14\\_plus/Films/Exploited/](https://www.thinkuknow.co.uk/14_plus/Films/Exploited/)



Categories: Young People, Parents/Carers, Professionals, Sexual Exploitation, CSE

### Kayleigh's Love Story - Full Version

A video clip by Leicestershire Police to highlight the dangers of **Child Sexual Exploitation (CSE)**

Warning: if shown in a cinema this would have a 15 certificate. This is a true story. Some viewers may find some scenes upsetting.

[www.leics.police.uk/kayleighslovestory#kayleighslovestory](http://www.leics.police.uk/kayleighslovestory#kayleighslovestory)



Categories: Young People, Professionals, Parents/Carers, Sexual Exploitation, CSE

Thames Valley Police '**Consent is everything**' campaign

[www.consentiseverything.com/](http://www.consentiseverything.com/)

Categories: Young People, Professionals, Parents/Carers, Sexual Exploitation, Consent

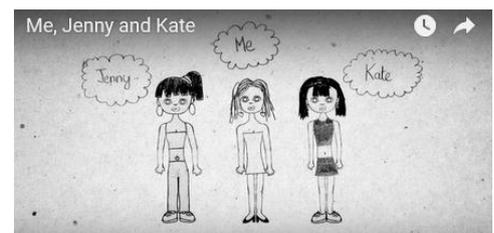


### Me, Jenny and Kate

Animation based on a survivor's story: a teenager recovering from a traumatic experience

[www.mydangerousloverboy.com/me-jenny-kate/](http://www.mydangerousloverboy.com/me-jenny-kate/)

Categories: Young People, Professionals, Parents/Carers, Sexual Exploitation, CSE



Switchboard provides a one-stop listening service and **support** for LGBT+ people on the phone, by email and through Instant Messaging

<https://switchboard.lgbt/>

Categories: Young People, Parents/Carers, LGBT, Gender



The Gender Trust helps adults throughout the United Kingdom who are transsexual, gender dysphoric, transgender, or those whose lives are affected by gender identity issues.

[www.gendertrust.org.uk/](http://www.gendertrust.org.uk/)

Categories: Young People, Parents/Carers, LGBT, Gender



The LGBT Foundation is a national charity delivering advice, **support** and information services to lesbian, gay, bisexual and trans (LGBT) communities.

<https://lgbt.foundation/>

Categories: Young People, Parents/Carers, LGBT, Gender



The Proud Trust offers an extensive range of learning opportunities for young people and professionals to gain a greater awareness and understanding of lesbian, gay, bisexual, trans and other (LGBT+) identities. They have a wealth of resources for children, young people, youth workers, teachers, health workers, etc. <https://www.theproudtrust.org/>

Categories: Young People, Parents/Carers, Professionals, LGBT, Gender



GIRES provides support for trans and gender non-conforming people of all ages, including those who are non-binary and non-gender. It also has created an e-learning course to help professionals and families understand the needs of these young people [www.gires.org.uk/](http://www.gires.org.uk/)



Categories: Young People, Parents/Carers, Professionals, LGBT, Gender

Galop is the LGBT + anti-violence charity for young people who have experienced hate crime, sexual violence or domestic abuse. They also support lesbian, gay, bi, trans and queer people who have had problems with the police or have questions about the criminal justice system 0800 999 5428



[www.galop.org.uk/](http://www.galop.org.uk/)

Categories: Young People, Parents/Carers, Professionals, LGBT, Gender

CAMHS promotes the **mental health** and emotional **wellbeing** of all children, young people and their families/carers.

<https://www.liverpoolcamhs.com/>



Categories: Young People, Parents/Carers, Professionals, Wellbeing, Mental Health

Frank provides information and advice on **drugs**

0300 123 6600

[www.talktofrank.com/](http://www.talktofrank.com/)

Categories: Young People, Parents/Carers, Professionals, Drugs



DrugFam provides support to families, friends and carers who are struggling to cope with a loved one's addiction to **drugs** or **alcohol**, including addiction related bereavement support.

<http://www.drugfam.co.uk/>

Categories: Young People, Parents/Carers, Professionals, Drugs, Alcohol, Bereavement



Nacao (The National Association for Children of Alcoholics) provides information, advice and **support** for everyone affected by a relative's drinking 0800 358 3456 [www.nacoa.org.uk/](http://www.nacoa.org.uk/)

Categories: Young People, Parents/Carers, Professionals, Alcohol



GamCare is the leading national provider of information, advice, **support** and free treatment for anyone affected by problem **gambling** 0808 8020 133 [www.gamcare.org.uk/](http://www.gamcare.org.uk/)

Categories: Young People, Parents/Carers, Professionals, Gambling



BigDeal is a place for young people to find information and **support** related to **gambling**, either for themselves or someone they care about. It is part of GamCare but specifically targeted at young people and gives them a variety of advice via videos and quizzes. BigDeal also offers support to parents and youth facing professionals. <https://www.bigdeal.org.uk/>



Categories: Young People, Parents/Carers, Professionals, Gambling

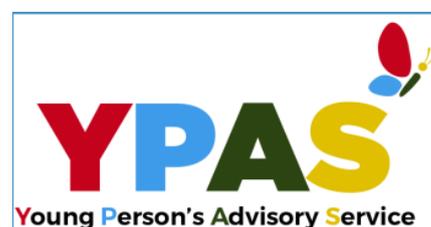
Rise Above is a website for young people giving tips and advice on all kinds of youth issues such as **alcohol**, **drugs**, body image, relationships and stress via videos, quizzes and games

<https://riseabove.org.uk/>

Categories: Young People, Parents/Carers, Professionals, Alcohol, Drugs



YPAS (the Young Person's Advisory Service) provides a wide range of counselling, advice, information and **support** services for children (5-15 years), young people (16-25) and families to address their **mental health** and emotional **wellbeing** difficulties



0151 707 1025 <http://www.ypas.org.uk/>

Categories: Young People, Parents/Carers, Professionals, Wellbeing, Mental Health

Harmless provides support for people who self-harm and their family and friends. They also provide resources for professionals. <http://www.harmless.org.uk/>



Categories: Young People, Professionals, Parents/Carers, Wellbeing, Mental Health

Selfharm UK provides support and advice for people who self-harm and their parents/carers. They also provide resources for professionals.



[www.selfharm.co.uk](http://www.selfharm.co.uk)

Categories: Young People, Professionals, Parents/Carers, Wellbeing, Mental Health

Trusted2know provides advice for young people on a range of topics such as **gangs,**



knives, **drugs, alcohol** and **bullying** [www.trusted2know.co.uk/](http://www.trusted2know.co.uk/)

Categories: Young People, Parents/Carers, Professionals, Drugs, Alcohol, Bullying, Gang Culture

eCRIME is a website containing advice and practical information on cyber bullying, trolling, mobbing and all forms of online crime for adults and children alike.



[www.ecrime-action.co.uk/](http://www.ecrime-action.co.uk/)

Categories: Young People, Professionals, Parents/Carers, Online Safety, Bullying

Hope Again is a youth website offering advice for young people dealing with **bereavement**. It includes videos and helps parents/carers understand the grief journey of their children. <http://hopeagain.org.uk/>



Categories: Young People, Parents/Carers, Professionals, Wellbeing, Bereavement

The Association for Young People's Health is a peer support website tackling issues such as health, **wellbeing** and the barriers faced by young people affected by **sexual exploitation**. Resources and materials include a video and booklets. <http://www.youngpeopleshealth.org.uk/>



Categories: Young People, Parents/Carers, Professionals, Sexual Exploitation, CSE, Wellbeing

aSk UK is a health information app for young people in the UK encouraging safer **sex** and signposting to advice & services



<https://play.google.com/store/apps/details?id=com.faffdigital.aSkUKphone&hl=en>

Categories: Young People, Parents/Carers, Professionals, Sex

FPA is a **sexual health** charity providing help for young people and parents/carers re **contraception, STIs, pregnancy** and **abortion**. [www.fpa.org.uk](http://www.fpa.org.uk)



Categories: Young People, Parents/Carers, Professionals, Sex, Contraception, Pregnancy, Abortion, STIs

Relate provides **relationship support** and advice. <https://www.relate.org.uk/>

Categories: Young People, Parents/Carers, Professionals, Relationship



Watch Over Me is a series of films including issues around road safety, weapons, internet **safety**, diverting children away from **crime** through **sport**, **extremism** and community cohesion and self-image. The series was made in memory of Damilola Taylor



<https://www.youtube.com/watch?v=Hcb-tjsi5Y>

Categories: Young People, Parents/Carers, Professionals, Online Safety, Extremism, Sport, Crime

Fearless is a site providing non-judgemental information and advice about **crime** and criminality

<https://www.fearless.org/en/give-info>



Categories: Young People, Parents/Carers, Professionals, Crime

Runaway helpline is a confidential **support** service for young people in conflict at home 116 000

[www.runawayhelpline.org.uk/advice/](http://www.runawayhelpline.org.uk/advice/)



Categories: Young People

The Mix website gives young people under the age of 25 information and **support** on a range of issues such as **drugs**, **crime**, **relationships** and housing [www.themix.org.uk/](http://www.themix.org.uk/)



Categories: Young People, Parents/Carers, Professionals, Drugs, Crime, Relationships

True Vision gives information and **support** about **hate crime** or incidents and explains how to report it [www.report-it.org.uk/home](http://www.report-it.org.uk/home)



Categories: Young People, Parents/Carers, Professionals, Crime

ITV News: **drug gangs** are exploiting large numbers of children and pushing them onto the frontline of the UK's **class A drugs trade**.

<https://www.youtube.com/watch?v=AKRCWbif-x4>



Categories: Young People, Professionals, Parents/Carers, Drug Gangs, Crime

Forced Marriage.net provides practical information and sources of advice and help on **forced marriage**



020 7008 0151 [www.forcedmarriage.net/](http://www.forcedmarriage.net/)

Categories: Young People, Parents/Carers, Professionals, Forced Marriage

A website for young adults seeking advice on matters such as **honour based violence, knife and gun crime, gangs** and group violence, **terrorist or extremist activity, hate crimes**

<https://safe.met.police.uk/>



Categories: Young People, Parents/Carers, Professionals, Honour, Crime, Gang Culture, Terrorism, Extremism

The Muslim Youth Helpline offers free confidential and anonymous **faith** and culturally sensitive **support** to meet the specific needs of young Muslims. Freephone: **0808 808 2008**

Email: [help@myh.org.uk](mailto:help@myh.org.uk)

<https://www.myh.org.uk/>



Categories: Young People, Parents/Carers, Professionals, Faith, Belief, Culture

Contact the Forced Marriage Unit (FMU) if you're trying to stop a **forced marriage** or you need help leaving a marriage you've been forced into. Telephone: 020 7008 0151 [fmu@fco.gov.uk](mailto:fmu@fco.gov.uk)



The Forced Marriage Unit has produced resources for staff and videos for young people and families <https://www.gov.uk/guidance/forced-marriage#additional-resources>

Categories: Young People, Parents/Carers, Professionals, Forced Marriage

Karma Nirvana is an award winning British charity supporting victims of **honour-based abuse** and **forced marriage** Helpline: 0800 5999 247



<https://www.karmanirvana.org.uk/>

Categories: Young People, Parents/Carers, Professionals, Forced Marriage, Honour

The Iranian/Kurdish Women's Right Organisation (IKWRO) provides advice and **support** around **honour-based violence**, **forced marriage**, **FGM**, **domestic violence** and **sharia law**. They



provide direct services for Middle Eastern and Afghan women and girls and also provide advice and **support** to professionals to help them to understand issues affecting minority ethnic women 0207 9206460

<http://ikwro.org.uk/>

Categories: Young People, Parents/Carers, Professionals, Forced Marriage, FGM, Domestic Abuse, Honour

**Right to choose:** Spotting the signs of **forced marriage** – Nayana

A video clip which is part of DFE Forced Marriage resources

<https://www.youtube.com/watch?v=kJbND8seYhE>



Categories: Young People, Professionals, Parents/Carers, Forced Marriage

**Right to choose:** Spotting the signs of **forced marriage** – Azim

A video clip which is part of DFE Forced Marriage resources

[https://www.youtube.com/watch?v=nF2\\_4uRtHJs](https://www.youtube.com/watch?v=nF2_4uRtHJs)



Categories: Young People, Professionals, Parents/Carers, Forced Marriage

**Right to Choose:** the consequences of **forced marriage**

A video clip which is part of DFE Forced Marriage resources

<https://youtu.be/pSPxOa9tCOI>

Warning: this video contains scenes of a sexual and violent nature that some viewers might find upsetting



Categories: Young People, Professionals, Parents/Carers, Forced Marriage

**PanicGuard** is a smartphone safety app endorsed by Crimestoppers and the National Mobile Crime Unit.

Users of PanicGuard can activate the app when they feel that they are in danger by shaking their smartphone. The app can track the location of the user, record video and audio and send an alert to the user's emergency contacts.



If the app is shaken again it emits a loud alarm sound and turns on the flash on the mobile handset. The app can be deactivated only by entering a security code.

The app is available for iPhone and Android mobile phones and costs £3.99 per month.



[www.panicguard.com/](http://www.panicguard.com/)



Categories: Young People, Professionals, Parents/Carers, Crimestoppers, PanicGuard

Crime Stoppers gives people the power to speak up to stop **crime** 100% anonymously 0800 555 111

**CrimeStoppers.**  
Speak up. Stay safe.

[www.crimestoppers-uk.org](http://www.crimestoppers-uk.org)

Categories: Young People, Parents/Carers, Professionals, Crime, Crime Stoppers

### Key websites/resources for parents/carers:

NSPCC video - Underwear Rule 'PANTS' by Hollyoaks actor Zoe Lucker. This video will support primary aged children to keep themselves safe from inappropriate **sexualised touching**.

[NSPCC video Underwear Rule 'PANTS' Zoe Lucker](https://www.nspcc.org.uk/underwear)



Categories: Children, Parents/Carers, Professionals, Sexualised Touching, Child Abuse

Parents Protect 0808 1000 900 is run by child protection charity,

The Lucy Faithfull Foundation and provides information, advice and **support** to help protect children from **sexual abuse and sexual**

**exploitation.** <https://www.parentsprotect.co.uk/>



Categories: Parents/Carers, Professionals, Sexual Exploitation, CSE, Child Abuse

Stop it now is a website providing a helpline and advice to **support** stopping child abuse

<http://www.stopitnow.org.uk/home.htm>

Categories: Parents/Carers, Professionals, Child Abuse



Parents against **child sexual exploitation** (PACE)

Advice for families re **CSE**

<https://paceuk.info/>

Categories: Parents/Carers, Professionals, Sexual Exploitation, CSE



The NWG is a **child sexual exploitation** network offering **support**, advice and training <https://www.nwgnetwork.org/>

Categories: Parents/Carers, Professionals, Sexual Exploitation, CSE



CSE The Signs provides advice and support for parents and young people who suspect that someone is at risk of **child sexual exploitation or CSE**.

[www.csethesigns.scot/](http://www.csethesigns.scot/)

Categories: Young People, Parents/Carers, Professionals, Sexual Exploitation, CSE



The NSPCC provides services, training and resources to protect children and prevent **abuse** <https://www.nspcc.org.uk/>

Categories: Parents/Carers, Professionals, Child Abuse

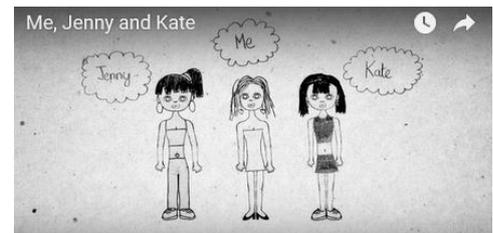


### Me, Jenny and Kate

Animation based on a survivor's story: a teenager recovering from a traumatic experience

[www.mydangerousloverboy.com/me-jenny-kate/](http://www.mydangerousloverboy.com/me-jenny-kate/)

Categories: Young People, Professionals, Parents/Carers, Sexual Exploitation, CSE



CEOP: ThinkUKnow. **Exploited** is an 18-minute film which helps young people learn to stay safe from **Child Sexual Exploitation**. This is an educational resource that can be delivered to young people in the context of a lesson, by professionals in the children's workforce. To access the free Exploited resource pack please visit

[www.thinkuknow.co.uk/teachers](http://www.thinkuknow.co.uk/teachers)



<https://youtu.be/qORv-Tgl4JI>

Categories: Young People, Professionals, Parents/Carers, Sexual Exploitation, CSE

### Kayleigh's Love Story - Full Version

A video clip by Leicestershire Police to highlight the dangers of **Child Sexual Exploitation (CSE)**

Warning: if shown in a cinema this would have a 15 certificate. This is a true story. Some viewers may find some scenes upsetting.

[www.leics.police.uk/kayleighslovestory#kayleighslovestory](http://www.leics.police.uk/kayleighslovestory#kayleighslovestory)



Categories: Young People, Professionals, Parents/Carers, Sexual Exploitation, CSE

Thames Valley Police '**Consent is everything**' campaign

[www.consentiseverything.com/](http://www.consentiseverything.com/)

Categories: Young People, Professionals, Parents/Carers, Sexual Exploitation, Consent



Catch 22, provider of the missing from home and **Child Sexual Exploitation (CSE)** service, supports people to find, retain or transition safely into homes and communities <https://www.catch-22.org.uk/>



Categories: Young People, Professionals, Parents/Carers, Sexual Exploitation, CSE

The Lucy Faithfull Foundation is the only UK-wide child protection charity dedicated solely to preventing **child sexual abuse (CSE)**. They work with the education sector providing training to protect children and they work with entire families that have been affected by sexual **abuse** including: young people with inappropriate sexual behaviours; adult male and female sexual abusers; victims of **abuse** and other family members <https://www.lucyfaithfull.org.uk/>



Working to Protect Children

Categories: Young People, Professionals, Parents/Carers, Sexual Abuse, CSE, Child Abuse

**Is It Love?** A film about **Domestic Abuse** and Violence

[https://www.youtube.com/watch?v=BYyB\\_FGV1GY](https://www.youtube.com/watch?v=BYyB_FGV1GY)

Categories: Young People, Professionals, Parents/Carers, Domestic Abuse



School Improvement Liverpool©

p20

Liverpool Domestic Abuse Service 0151 263 7474 is a free independent confidential service to Protect, Support and Empower women and girls who suffer from **domestic abuse**, to live safe independent lives.



<http://www.liverpooledomesticabuseservice.org.uk/>

Categories: Young People, Professionals, Parents/Carers, Domestic Abuse

South Liverpool Domestic Abuse Service freephone: 0800 083 7114 offers free and accessible support to women who experience **domestic abuse** or violence.



<http://www.sl-domesticabuseservices.org.uk/>

Categories: Young People, Professionals, Parents/Carers, Domestic Abuse

Women's Aid provides services for women and children affected by **domestic abuse**

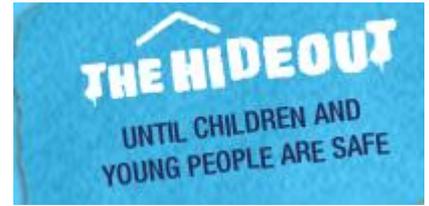


<https://www.womensaid.org.uk/>

Categories: Young People, Professionals, Parents/Carers, Domestic Abuse

The Hideout is a space created by Women's Aid with a section for adults about **domestic abuse** as seen from a child/young person's perspective

[www.thehideout.org.uk/](http://www.thehideout.org.uk/)



Categories: Young People, Professionals, Parents/Carers, Domestic Abuse

Refuge has a freephone 24-hour national **domestic abuse** or violence helpline: 0808 2000 247 run in partnership with Women's

Aid <https://www.refuge.org.uk/>

Categories: Young People, Professionals, Parents/Carers, Domestic Abuse



Men's Advice Line provides advice and support for male victims of **domestic abuse** and violence 0808 801 0327

[www.mensadvice.org.uk/](http://www.mensadvice.org.uk/)



Categories: Young People, Professionals, Parents/Carers, Domestic Abuse

Involve Northwest provide confidential advice and guidance for families. Their Leapfrog Scheme is a programme for children aged 5-10 years old who have witnessed or experienced **domestic abuse** within the family unit

[www.involvenorthwest.org.uk/](http://www.involvenorthwest.org.uk/)



Categories: Children, Young People, Professionals, Parents/Carers, Domestic Abuse

Respect Phonenumber is a confidential helpline offering advice, information and **support** to help individuals stop being violent and abusive to their partner 0808 802 4040 email

info@respectphoneline.org

[www.respectphoneline.org.uk/](http://www.respectphoneline.org.uk/)

Categories: Young People, Professionals, Parents/Carers, Domestic Abuse



Mosac supports parents on discovering that their children have been **abused** 0800 980 1958. They also offer specialised training courses to professionals [www.mosac.org.uk/](http://www.mosac.org.uk/)



Categories: Professionals, Parents/Carers, Child Abuse

RASA (Rape and Sexual Abuse) Merseyside offers support to anyone who has been **sexually abused** or raped, or who has been affected by sexual violence at any time in their lives [helpline@rasamerseyside.org](mailto:helpline@rasamerseyside.org)  
0151 666 1392 <https://www.rasamerseyside.org/>



Categories: Young People, Professionals, Parents/Carers, Sexual Abuse

The Child Protection in Sport Unit provides parents, coaches and safeguarding professionals with information and advice about ensuring children's safe participation in **sport** <https://thecpsu.org.uk/>



Child Protection in Sport Unit

Categories: Professionals, Sport

The Department for Education has produced a short video to encourage people to report children at risk of **abuse** and neglect

**TOGETHER  
WE CAN TACKLE  
CHILD ABUSE**



Department  
for Education

<https://tacklechildabuse.campaign.gov.uk/>

Categories: Professionals, Parents/Carers, Child Abuse

Safe Place Sexual Assault Referral Centre for the  
Merseyside Area 0151 295 3550



[www.safeplacemerseyside.org.uk/](http://www.safeplacemerseyside.org.uk/)

Categories: Young People, Professionals, Parents/Carers, Sexual Abuse

FPA is a **sexual health** charity providing help for young people and parents/carers re **contraception, STIs, pregnancy and abortion**.



[www.fpa.org.uk](http://www.fpa.org.uk)

Categories: Young People, Professionals, Parents/Carers, Sex, Contraception, STIs, Pregnancy, Abortion

Big Talk Education is a social enterprise who work with pupils, parents and professionals to deliver high quality **relationship** and **sex education**.



[www.bigtalkeducation.co.uk/bigtalk-education/](http://www.bigtalkeducation.co.uk/bigtalk-education/)

Categories: Young People, Professionals, Parents/Carers, Sex, Relationships

Women's Health Information & Support Centre (WHISC) is a charity dedicated to improving the health and **well-being** of women and their families 0151 707 1826 [www.whisc.org.uk/](http://www.whisc.org.uk/)



Categories: Young People, Professionals, Parents/Carers, Wellbeing

The Anti-bullying Alliance provides advice for parents [www.antibullyingalliance.org.uk/](http://www.antibullyingalliance.org.uk/)



Categories: Young People, Professionals, Parents/Carers, Bullying

Stop Bullying is a website for parents, school staff, and other adults in the community to identify **bullying**, build a safe school environment, and create a community-wide **bullying** prevention strategy



<https://www.stopbullying.gov/>

Categories: Young People, Professionals, Parents/Carers, Bullying

Bully Busters provides training and awareness sessions for young people, children, professionals, governors and parents or carers. The team can also act as a mediator. 0800 169 6928 [www.bullybusters.org.uk/about\\_us/](http://www.bullybusters.org.uk/about_us/)



Categories: Young People, Professionals, Parents/Carers, Bullying

Kidscape provide a range of anti-**bullying**, e-safety and safeguarding sessions and advice for young people, parents and professionals

<https://kidscape.org.uk/>



Categories: Young People, Professionals, Parents/Carers, Bullying, Online Safety

CEOP (Child Exploitation and Online Protection Command)

provides **online** safety guidance for parents and teachers

<https://ceop.police.uk/>

Categories: Professionals, Parents/Carers, Online Safety, Sexual Exploitation, CSE



Think you know <https://www.thinkuknow.co.uk/>

provides resources for parents to help them keep their children safe **online**

Categories: Children, Young People, Professionals, Parents/Carers, Online Safety



Childnet <http://www.childnet.com/>

A website providing **online** resources and guidance for children, parents and teachers

Categories: Children, Young People, Professionals, Parents/Carers, Online Safety



UK safer internet <http://www.saferinternet.org.uk/>

Provides **online** guidance and resources for children, families and professionals 0344 381 4772

Categories: Children, Young People, Professionals, Parents/Carers,  
Online Safety



Get Safe Online provides expert advice for parents to keep their children safe **online**.

<https://getsafeonline.org/>

Categories: Young People, Professionals, Parents/Carers, Online Safety



Play Like Share from ThinkUKnow consists of three-episode animation for 8-10 year olds to help them learn how to spot pressuring and manipulative behaviour **online** and to stay safe from other risks they might encounter online.

<https://www.thinkuknow.co.uk/parents/playlikeshare/>

Categories: Children, Young People, Professionals, Parents/Carers, Online Safety



Listentomystory.co.uk provides advice for parents on how to deal with issues such as sexting.

Crime Stoppers 0800 555 111

[www.listentomystory.co.uk](http://www.listentomystory.co.uk)

Categories: Young People, Professionals, Parents/Carers, Online Safety, Crime Stoppers, Crime



Parent Port is run by the UK's media regulators and sets and enforces standards across the media to protect children from inappropriate material. At Parent Port you can find out about the standards expected from the media, make a complaint and share your views



[www.parentport.org.uk/](http://www.parentport.org.uk/)

Categories: Professionals, Parents/Carers, Online Safety

South West Grid for Learning provides support for victims of **internet crime** including hacking and stolen images. The service provides advice on where and how to access legal support and get content removed 0345 601 3203



<https://swgfl.org.uk/>

Categories: Professionals, Parents/Carers, Crime, Online Safety

Vodafone offers **online** digital safety resources and advice for parents, including useful 'how to' guides



<https://www.vodafone.com/content/digital-parenting/parents-and-carers.html#>

Categories: Professionals, Parents/Carers, Online Safety

A Parent's Guide to Being Share Aware produced by the NSPCC provides parents with guidance to keep their children safe **online** 0808 800 5002



<https://www.nspcc.org.uk/globalassets/documents/advice-and-info/share-aware.pdf>

Categories: Professionals, Parents/Carers, Online Safety

Parent Zone and Google have just launched a FREE scheme of work promoting **internet safety** to Key Stage 2 pupils called Be Internet Legends



<https://parentzone.org.uk/be-internet-legends>

Categories: Children, Professionals, Parents/Carers, Online Safety

Webwise.ie offers information, advice and support for teachers and parents as well as free education resources addressing a range of **internet safety** issues and concerns



<https://www.webwise.ie/>

Categories: Professionals, Parents/Carers, Online Safety

The Digizen website provides information for educators, parents/carers and young people to be responsible DIGItal citiZENS, sharing advice and resources on issues such as social networking and **cyberbullying** [www.digizen.org/](http://www.digizen.org/)



Categories: Young People, Professionals, Parents/Carers, Online Safety, Bullying

eCRIME is a website containing advice and practical information on cyber bullying, trolling, mobbing and all forms of online crime for adults and children alike.

[www.ecrime-action.co.uk/](http://www.ecrime-action.co.uk/)



Categories: Young People, Professionals, Parents/Carers, Online Safety, Bullying

Parent Zone has programmes to inform parents about **internet safety**

<https://parentzone.org.uk/>



Categories: Professionals, Parents/Carers, Online Safety

NSPCC's **Net Aware** campaign is a tool for parents and school staff to understand better the range of **social media** apps that children and young people of all ages are currently using.



Net Aware allows you to type in the name of an app (as well as seeing an A-Z listing of all apps that they have reviewed) and see what the app does and the risks associated with it

<https://www.net-aware.org.uk/>

Categories: Professionals, Parents/Carers, Online Safety

The Lucy Faithfull Organisation has produced a comprehensive guide designed to help parents better understand the risks posed to children by the **internet**, and to keep them safe **online**.



[http://www.parentsprotect.co.uk/files/Parents%20Pack\\_Whats%20the%20problem\\_11Mar2015.pdf](http://www.parentsprotect.co.uk/files/Parents%20Pack_Whats%20the%20problem_11Mar2015.pdf)

Categories: Young People, Professionals, Parents/Carers, Online Safety

CEOP have produced a series of four short animated films for parents and carers offering advice on how to help keep their children safe from the risks associated with sharing nude and nearly nude images. [www.youtube.com/ceop](http://www.youtube.com/ceop)



Categories: Professionals, Parents/Carers, Online Safety, Child Abuse, Sexual Exploitation

Internet Matters gives advice and guidance to help parents keep their children safe **online** <https://www.internetmatters.org/>



Categories: Professionals, Parents/Carers, Online Safety

Action for Children supports families by providing expert advice, **support** and parenting programmes, for example how to ensure healthier use of **technology** by all the family <https://www.actionforchildren.org.uk/>



Categories: Professionals, Parents/Carers, Online Safety

The Internet Watch Foundation aims to eliminate **child sexual abuse** imagery **online**. Here you can anonymously and confidentially report **child sexual abuse** content and non-photographic **child sexual abuse** images <https://www.iwf.org.uk/>



Categories: Professionals, Parents/Carers, Online Safety, Child Abuse

Out of Your Hands offers tips and advice for young people aged 7-16 to protect them from becoming victims of phone **crime** and fraud



<https://www.outofyourhands.com/>

Categories: Professionals, Parents/Carers, Online Safety, Crime

JAN Trust is a multi-award winning charity empowering and providing leadership for women in order to create positive and active citizens of society [www.jantrust.org/](http://www.jantrust.org/)



Categories: Professionals, Parents/Carers, Support

Fink cards are specially developed thought-provoking question cards that have been designed to get people talking by creating great conversations.

[www.finkcards.co.uk/](http://www.finkcards.co.uk/)



Categories: Professionals, Parents/Carers, Wellbeing

Parent Channel TV offers hints and tips on parenting via videos

<https://www.familylives.org.uk/how-we-can-help/parentchannel-tv>



Categories: Professionals, Parents/Carers, Wellbeing

Family Lives is a national family support charity

<https://www.familylives.org.uk/>



Categories: Professionals, Parents/Carers, Wellbeing

Parent Info website provides expert information for parents to help their children stay safer **online**, build their body confidence etc

[www.parentinfo.org/](http://www.parentinfo.org/)



Categories: Professionals, Parents/Carers, Online Safety

Barnardo's provide **support** for children and families

<https://www.barnardos.org.uk/>



Categories: Professionals, Parents/Carers

NSPCC helpline provides **support** for families 0808 800 5000.

[www.nspcc.org.uk](http://www.nspcc.org.uk)



Categories: Professionals, Parents/Carers, Abuse

Liverpool's Early Help Directory provides a search engine to find information about services and events for parents/carers, and their children

<http://ehd.liverpool.gov.uk/kb5/liverpool/fsd/home.page>

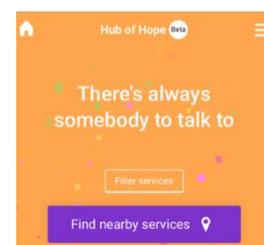
Categories: Professionals, Parents/Carers, Wellbeing



The Hub of Hope is a national **mental health** database which brings together organisations and charities, large and small, from across the country who offer **mental health** advice and **support**, together in one place.

<https://hubofhope.co.uk/>

Categories: Professionals, Parents/Carers, Wellbeing, Mental Health



Addaction is one of the UK's leading **mental health**, **drug** and **alcohol** charities. They work with adults and young people, supporting them to make lasting change in their lives. <https://www.addaction.org.uk/>



Categories: Professionals, Parents/Carers, Drugs, Alcohol, Mental Health, Wellbeing

DrugFam provides support to families, friends and carers who are struggling to cope with a loved one's addiction to **drugs** or **alcohol**, including addiction related bereavement support.

<http://www.drugfam.co.uk/>

Categories: Young People, Parents/Carers, Professionals, Drugs, Alcohol, Bereavement



Narcotics Anonymous 0300 999 1212 provides **support** for **drug** addicts and can arrange presentations in educational facilities

[www.ukna.org/](http://www.ukna.org/)

Categories: Professionals, Parents/Carers, Drugs



Adfam is an organisation providing support for families affected by **drugs** and **alcohol** and **support** and resources for frontline workers

<https://adfam.org.uk/>

Categories: Professionals, Parents/Carers, Drugs, Alcohol



GamCare is the leading national provider of information, advice, **support** and free treatment for anyone affected by problem **gambling** 0808 8020 133

[www.gamcare.org.uk/](http://www.gamcare.org.uk/)

Categories: Professionals, Parents/Carers, Gambling



BigDeal is a place for young people to find information and **support** related to **gambling**, either for themselves or

someone they care about. It is part of GamCare but

specifically targeted at young people and gives them a variety of advice via videos and quizzes. BigDeal also offers **support** to parents and youth facing professionals.

<https://www.bigdeal.org.uk/>

Categories: Young People, Professionals, Parents/Carers, Gambling



Relate provides **relationship support** and advice.

<https://www.relate.org.uk/>

Categories: Professionals, Parents/Carers, Relationships



Hope Again is a youth website offering advice for young people dealing with **bereavement**. It includes videos and helps parents/carers understand the grief journey of their children. <http://hopeagain.org.uk/>



Categories: Young People, Professionals, Parents/Carers, Bereavement, Support

Cruse supports **bereaved** people and also offers training to professionals so they can **support** staff and children

0808 808 1677 <https://www.cruse.org.uk/>

Categories: Professionals, Parents/Carers, Bereavement



CAMHS promotes the **mental health** and emotional **wellbeing** of all children, young people and their families/carers.

<https://www.liverpoolcamhs.com/>

Categories: Professionals, Parents/Carers, Mental Health, Wellbeing, Support



Mind Ed is a free educational resource on children and young people's **mental health** for all adults



<https://www.minded.org.uk/>

Categories: Professionals, Parents/Carers, Mental Health, Wellbeing

Chasing the Stigma is a **Mental Health** Charity which aims to normalise and humanise Mental Illness.



<https://chasingthestigma.co.uk/>

Categories: Professionals, Parents/Carers, Mental Health, Wellbeing

The Samaritans free phone 116 123 provide emotional **support** and increased resilience



<https://www.samaritans.org/>

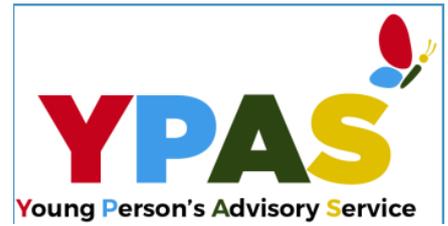
Categories: Professionals, Parents/Carers, Wellbeing

The Charlie Waller Memorial Trust provides **mental health** training, talks and workshops for schools and families. They also publish free resources for parents and professionals <https://www.cwmt.org.uk/>



Categories: Professionals, Parents/Carers, Mental Health, Wellbeing

YPAS (the Young Person's Advisory Service) provides a wide range of counselling, advice, information and **support** services for children (5-15 years), young people (16-25) and families to address their **mental health** and emotional **wellbeing** difficulties 0151 707 1025 <http://www.ypas.org.uk/>



Categories: Children, Young People, Professionals, Parents/Carers, Mental Health, Wellbeing

Place2Be is a children's **mental health** charity providing school-based support and counselling to improve the emotional **wellbeing** of pupils plus in-depth training programmes and resources for families, teachers and school staff <https://www.place2be.org.uk/>



Categories: Professionals, Parents/Carers, Mental Health, Wellbeing

Beacon Counselling Trust is a Liverpool based counselling charity which employs fully qualified counsellors specialising in trauma, sexuality, OCD, anxiety, depression, alcoholism, addiction, anger management classes and critical incident [www.beaconcounsellingtrust.co.uk/](http://www.beaconcounsellingtrust.co.uk/)



Categories: Professionals, Parents/Carers, Mental Health, Wellbeing, Alcohol, Drugs

MermaidsUK provides advice to families and professionals who **support** children who may feel at odds with their birth gender <http://www.mermaidsuk.org.uk/>

Categories: Professionals, Parents/Carers, Gender



FFLAG (families and friends of lesbians and gays) is a national voluntary organisation and charity dedicated to supporting parents and their lesbian, gay, bisexual and Trans sons and daughters

<https://www.fflag.org.uk/>

Categories: Young People, Professionals, Parents/Carers, LGBT, Gender



The Gender Trust helps adults throughout the United Kingdom who are transsexual, gender dysphoric, transgender, or those whose lives are affected by gender identity issues.

[www.gendertrust.org.uk/](http://www.gendertrust.org.uk/)

Categories: Young People, Parents/Carers, LGBT, Gender



GIRES provides support for trans and **gender** non-conforming people of all ages, including those who are non-binary and non-gender. It also has created an e-learning course to help professionals and families understand the needs of these young people [www.gires.org.uk/](http://www.gires.org.uk/)



Categories: Young People, Professionals, Parents/Carers, LGBT, Gender

Papyrus is the national charity dedicated to the prevention of young **suicide** in the UK. <https://www.papyrus-uk.org/>

Categories: Professionals, Parents/Carers, Wellbeing, Mental Health, Suicide



Harmless provides support for people who self-harm and their family and friends. They also provide resources for professionals. <http://www.harmless.org.uk/>



Categories: Young People, Professionals, Parents/Carers, Wellbeing, Mental Health

Selfharm UK provides support and advice for people who self-harm and their parents/carers. They also provide resources for professionals.



[www.selfharm.co.uk](http://www.selfharm.co.uk)

Categories: Young People, Professionals, Parents/Carers, Wellbeing, Mental Health

Victim Support provides free and confidential **support** for victims of crime 08 08 16 89 111



<https://www.victimsupport.org.uk/>

Categories: Professionals, Parents/Carers, Crime

Crime Stoppers gives people the power to speak up to stop **crime** 100% anonymously 0800 555 111

**CrimeStoppers.**  
Speak up. Stay safe.

[www.crimestoppers-uk.org](http://www.crimestoppers-uk.org)

Categories: Professionals, Parents/Carers, Crime, Crime Stoppers

**PanicGuard** is a smartphone safety app endorsed by Crimestoppers and the National Mobile Crime Unit.

Users of PanicGuard can activate the app when they feel that they are in danger by shaking their smartphone. The app can track the location of the user, record video and audio and send an alert to the user's emergency contacts.



If the app is shaken again it emits a loud alarm sound and turns on the flash on the mobile handset. The app can be deactivated only by entering a security code.

The app is available for iPhone and Android mobile phones and costs £3.99 per month.



[www.panicguard.com/](http://www.panicguard.com/)

Categories: Young People, Professionals, Parents/Carers, Crime Stoppers, PanicGuard, Crime



NSPCC video providing guidance to parents regarding Children and young people in **gangs**

[NCPCC Video- advice to parents re: gangs](#)

Categories: Professionals, Parents/Carers, Gang Culture



Educate against hate website

providing guidance to parents and teachers to protect

young people from **extremism** and **radicalisation**

<http://educateagainsthate.com/>

Categories: Professionals, Parents/Carers, Extremism, Radicalisation



The Anthony Walker Foundation aims to promote racial harmony. It operates locally, regionally and nationally but the priority focus is Merseyside. There is a support line 0800 876 6646 for reporting hate **crime**. <http://anthonywalkerfoundation.com/>



Categories: Professionals, Parents/Carers, Crime

Fearless is a site providing non-judgemental information and advice about **crime** and criminality

<https://www.fearless.org/en/give-info>

Categories: Professionals, Parents/Carers, Crime



True Vision gives information and **support** about hate **crime** or incidents and explains how to report it

[www.report-it.org.uk/home](http://www.report-it.org.uk/home)

Categories: Professionals, Parents/Carers, Crime



ITV News: **drug gangs** are exploiting large numbers of children and pushing them onto the frontline of the UK's **class A drugs trade**.

<https://www.youtube.com/watch?v=AKRCWbif-x4>



Categories: Young People, Professionals, Parents/Carers, Drug Gangs, Gang Culture

Irish Community Care offers information, advice and **support** for the Irish and Irish Traveller communities around a range of issues including

homelessness, identification, health, GP registration, applications for accommodation and cultural isolation

0151 237 3987 [www.iccm.org.uk/](http://www.iccm.org.uk/)



Categories: Professionals, Parents/Carers, Wellbeing, Culture

Amadudu is a refuge for Black women and children fleeing **domestic abuse** and violence. The service offers temporary accommodation for six families, providing **support**, understanding and access to additional services when required 0151 734 0083



Categories: Professionals, Parents/Carers, Domestic Abuse

Inspire is a counter-**extremism** and human rights organisation which seeks to address inequalities facing British Muslim women.

<http://www.wewillinspire.com>



Categories: Professionals, Parents/Carers, Extremism, Radicalisation, Faith, Belief, Culture

The Muslim Youth Helpline offers free confidential and anonymous faith and culturally sensitive **support** to meet the specific needs of young Muslims. Freephone: 0808 808 2008



Email: [help@myh.org.uk](mailto:help@myh.org.uk) <https://www.myh.org.uk/>

Categories: Professionals, Parents/Carers, Faith, Belief, Culture

Contact the Forced Marriage Unit (FMU) if you're trying to stop a **forced marriage** or you need help leaving a marriage you've been forced into. Telephone: 020 7008 0151 [fmu@fco.gov.uk](mailto:fmu@fco.gov.uk)



The Forced Marriage Unit has produced resources for staff and videos for young people and families <https://www.gov.uk/guidance/forced-marriage#additional-resources>

Categories: Young People, Professionals, Parents/Carers, Forced Marriage

**Right to choose:** Spotting the signs of **forced marriage** – Nayana

A video clip which is part of DFE Forced Marriage resources

<https://www.youtube.com/watch?v=kJbND8seYhE>



Categories: Young People, Professionals, Parents/Carers, Forced Marriage

**Right to choose:** Spotting the signs of **forced marriage** – Azim

A video clip which is part of DFE Forced Marriage resources



[https://www.youtube.com/watch?v=nF2\\_4uRtHJs](https://www.youtube.com/watch?v=nF2_4uRtHJs)

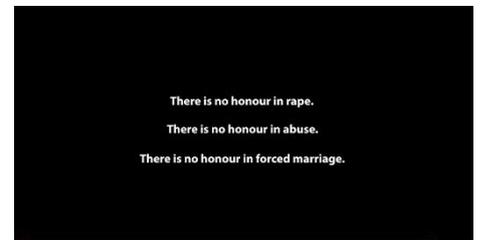
Categories: Young People, Professionals, Parents/Carers, Forced Marriage

**Right to Choose:** the consequences of **forced marriage**

A video clip which is part of DFE Forced Marriage resources

<https://youtu.be/pSPxOa9tCOI>

Warning: this video contains scenes of a sexual and violent nature that some viewers might find upsetting



Categories: Young People, Professionals, Parents/Carers, Forced Marriage

Karma Nirvana is an award winning British charity supporting victims of **honour**-based abuse and **forced marriage** Helpline: 0800 5999 247



**KARMA NIRVANA**

Supporting victims of honour-based abuse and forced marriage

<https://www.karmanirvana.org.uk/>

Categories: Young People, Professionals, Parents/Carers, Honour, Forced Marriage

The Iranian/Kurdish Women's Right Organisation (IKWRO) provides advice and **support** around **honour**-based violence, **forced marriage**, **FGM**, **domestic abuse** and violence and



sharia law. They provide direct services for Middle Eastern and Afghan women and girls and also provide advice and **support** to professionals to help them to understand issues affecting minority ethnic women 0207 9206460 <http://ikwro.org.uk/>

Categories: Young People, Professionals, Parents/Carers, Honour, Domestic Abuse, FGM, Forced Marriage

The Merseyside Forced Marriage & HBV Protocol should be followed by professionals and community groups working in Merseyside to identify indicators and provide appropriate **support**



<https://merseyside.police.uk/media/183095/merseyside-fm-and-hbv-protocol.pdf>

Categories: Professionals, Forced Marriage

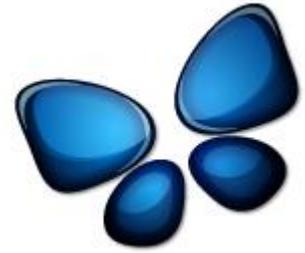
Savera UK works with Black Minority Ethnic communities to challenge attitudes towards **domestic abuse** and harmful practices such as **forced marriage**, **honour**-based abuse and female genital mutilation (FGM) 0800 107 0726



[www.saverauk.co.uk/](http://www.saverauk.co.uk/)

Categories: Professionals, Parents/Carers, FGM, Forced Marriage, Honour, Domestic Abuse

Merseyside Domestic Violence Services (MDVS) is a voluntary organisation working with women, children, young people and families whose lives have been affected in some way by the issues related to **domestic abuse** and violence and cultural/**honour**-based **crime** 0151 709 8770



[www.mdvs.co.uk/](http://www.mdvs.co.uk/)

Categories: Young People, Professionals, Parents/Carers, Domestic Abuse, Honour, Crime

The Peace Foundation assists **terrorism** survivors to cope and recover, and enables community cohesion, peace building and conflict resolution



<https://www.peace-foundation.org.uk/>

Categories: Professionals, Parents/Carers, Crime, Terrorism, Extremism

Let's Talk About It is an initiative designed to provide practical help and guidance to the public in order to stop people becoming terrorists or supporting **terrorism**.



<https://www.ltai.info/>

Categories: Professionals, Parents/Carers, Terrorism, Extremism, Radicalisation, Prevent Duty

FAST (Families Against Stress and Trauma) provide **support** to vulnerable families and individuals affected by a loved one travelling to Syria and Iraq.

<http://www.familiesmatter.org.uk>



Categories: Professionals, Parents/Carers, Radicalisation, Extremism

### **Key websites/resources for professionals:**

Know Your Friends with Josh & Sue is an animation looking at how to protect yourself **online**. It is aimed at children and young people with mild - moderate special educational needs

<https://www.youtube.com/watch?v=ecr6OJmT3Mg>



Categories: Children, Professionals, Parents/Carers, Online Safety

Cyber Sense by the Ariel Trust contains eight engaging activities designed to stimulate awareness, discussion and analysis of Cyber-**bullying**, its causes and consequences. These exercises cover important topics like self-esteem, peer pressure, impact of gaming, staying safe **online** and selfies. It has been developed for use with Key Stage 2, years 5 and 6 and has been mapped to the primary curriculum.

<http://cybersense.arieltrust.com/>



Categories: Professionals, Parents/Carers, Online Safety, Bullying

In Hope provides materials for professionals tackling illegal activities which occur on the Internet such as **online** grooming, hate speech and CSE and provides a means for reporting illegal content [www.inhope.org/](http://www.inhope.org/)



Categories: Professionals, Parents/Carers, Online Safety, Sexual Exploitation, CSE

Parent Info is a free service for schools providing a collection of articles, tips, expert advice and resources for their own websites to help children become a confident, safe internet user [www.parentinfo.org/](http://www.parentinfo.org/)



Categories: Professionals, Parents/Carers, Online Safety

CEOP (Child Exploitation and Online Protection Command) provides **online** safety guidance for parents and teachers <https://ceop.police.uk/>



Categories: Professionals, Parents/Carers, Online Safety, Sexual Exploitation, CSE

UK safer internet provides guidance and resources for children, families and professionals 0344 381 4772



<http://www.saferinternet.org.uk/>

Categories: Professionals, Parents/Carers, Online Safety

Childnet <http://www.childnet.com/>

A website providing **online** resources and guidance for children, parents and teachers

Categories: Professionals, Parents/Carers, Online Safety



Think you know <https://www.thinkuknow.co.uk/>

provides resources for professionals to help them keep children safe **online**

Categories: Professionals, Parents/Carers, Online Safety



Play Like Share from ThinkUKnow consists of three-episode animation for 8-10 year olds helps them to learn how to spot pressuring and manipulative behaviour **online** and to stay safe from other risks they might encounter online.

<https://www.thinkuknow.co.uk/parents/playlikeshare/>

Categories: Professionals, Parents/Carers, Online Safety, Sexual Exploitation, CSE



Microsoft have introduced the Digital Civility Challenge whereby pupils make a pledge to do their bit to make the internet better and safer

<https://www.microsoft.com/en-us/digital-skills/digital-civility?activetab=dcireports:primaryr4#coreui-areaheading-ywbymfs>

Categories: Professionals, Parents/Carers, Online Safety



Webwise.ie offers information, advice and support for teachers and parents as well as free education resources addressing a range of internet safety issues and concerns



<https://www.webwise.ie/>

Categories: Professionals, Parents/Carers, Online Safety

Aright Charlie is a resource designed by the Blast Project for use with children aged 9-11 to highlight the warning signs of grooming in an age appropriate way. The film is seen through the eyes of Charlie who is groomed by Danny.



<https://www.mesmac.co.uk/projects/blast>

Categories: Children, Professionals, Parents/Carers, Online Safety, Sexual Exploitation, CSE

This film follows Matt, a teenage boy who begins a relationship with a girl he has met **online**. Together they explore their sexuality via IM and webcam. Eventually they decide to meet up offline, however the girl isn't who Matt thought she was



<https://www.youtube.com/watch?v=9JpyO5XlfCo>

Categories: Professionals, Parents/Carers, Online Safety

For a vast array of **online safety** materials and resources

<https://www.trustnet.pro/online-safety/default.aspx>

Categories: Professionals, Parents/Carers, Online Safety



Jigsaw is a film for 8-10 year olds that helps them to understand what constitutes personal information and enables children to understand that they need to be just as protective of their personal information **online**, as they are in the real world

<https://www.youtube.com/watch?v=o8auwnJtqE>

Categories: Children, Professionals, Parents/Carers, Online Safety



True Tube has released a short film called Like Me which imagines the internet as a stage with an infinite audience, thus tackling the pressures and dangers of social media

<https://www.truetube.co.uk/film/me>

Categories: Professionals, Parents/Carers, Online Safety



Parent Zone and Google have just launched a free scheme of work promoting internet safety to Key Stage 2 pupils called Be Internet Legends

<https://parentzone.org.uk/be-internet-legends>

Categories: Children, Professionals, Parents/Carers, Online Safety



Trust Me is a new resource developed in partnership with the London Grid for Learning to address the emerging area of **online extremism** and propaganda. This practical resource aims to provoke discussion among primary and secondary pupils so as to challenge them to think critically about what they see on websites and social media as well as the communication they have with others **online**.



<https://www.lgfl.net/online-safety/trust-me>

Categories: Children, Young People, Professionals, Parents/Carers, Online Safety, Extremism, Radicalisation, Prevent Duty

Can I be your friend? Is a short film which explores the dangers of living our lives **online**.



<https://youtu.be/aDycZH0CA4I>

Categories: Professionals, Parents/Carers, Online Safety

NSPCC's Net Aware campaign is a great tool for parents and school staff to understand better the range of social media apps that children and young people of all ages are currently using.



Net Aware allows you to type in the name of an app (as well as seeing an A-Z listing of all apps that they have reviewed) and see what the app does and the risks associated with it

<https://www.net-aware.org.uk/>

Categories: Professionals, Parents/Carers, Online Safety

The Digizen website provides information for educators, parents/carers and young people to be responsible DIGital citiZENS, sharing advice and resources on issues such as social networking and cyberbullying [www.digizen.org/](http://www.digizen.org/)



Categories: Professionals, Parents/Carers, Online Safety, Bullying

eCRIME is a website containing advice and practical information on cyber bullying, trolling, mobbing and all forms of online crime for adults and children alike.



[www.ecrime-action.co.uk/](http://www.ecrime-action.co.uk/)

Categories: Young People, Professionals, Parents/Carers, Online Safety, Bullying

360 Degree Safe is a free award winning **online** safety self-review tool for schools to develop their **online** safety policies and practice



<https://360safe.org.uk/>

Categories: Professionals, Online Safety

Out of Your Hands offers tips and advice for young people aged 7-16 to protect them from becoming victims of phone **crime** and fraud



<https://www.outofyourhands.com/>

Categories: Children, Young People, Professionals, Parents/Carers, Crime

Liverpool's Early Help Directory provides a search engine to find information about services and events for parents/carers, and their children

<http://ehd.liverpool.gov.uk/kb5/liverpool/fsd/home.page>

Categories: Professionals, Parents/Carers, Wellbeing



Big Talk Education is a UK based social enterprise who work with pupils, parents and professionals to deliver high quality **relationship** and **sex** education.

[www.bigtalkeducation.co.uk/bigtalk-education/](http://www.bigtalkeducation.co.uk/bigtalk-education/)

Categories: Professionals, Parents/Carers, Relationship, Sex



The Brook Advisory Service Sexual Behaviours Traffic Light Tool supports professionals working with children and young people by helping them to identify and respond appropriately to **sexual** behaviours. <https://www.brook.org.uk/our-work/category/sexual-behaviours-traffic-light-tool>

Categories: Professionals, Sex



Narcotics Anonymous 0300 999 1212 provides support for **drug** addicts and can arrange presentations in educational facilities [www.ukna.org/](http://www.ukna.org/)

Categories: Professionals, Parents/Carers, Drugs



DrugFam provides support to families, friends and carers who are struggling to cope with a loved one's addiction to **drugs** or **alcohol**, including addiction related bereavement support.



<http://www.drugfam.co.uk/>

Categories: Young People, Parents/Carers, Professionals, Drugs, Alcohol, Bereavement

Adfam is an organisation providing support for families affected by **drugs** and **alcohol** and **support** and resources for frontline workers



<https://adfam.org.uk/>

Categories: Professionals, Parents/Carers, Drugs, Alcohol

The Young Gamblers Education Trust (known as YGAM) delivers training to professionals enabling them to deliver the YGAM **gambling**-related harm-prevention programme. They also deliver highly-engaging YGAM workshops directly to young people around the potential financial & health risks associated with problem **gambling** and how to stay safe



<http://www.ygam.org/>

Categories: Young People, Professionals, Parents/Carers, Gambling

BigDeal is a place for young people to find information and support related to **gambling**, either for themselves or someone they care about. It is part of GamCare but specifically targeted at young people and gives them a variety of advice via videos and quizzes. BigDeal also offers **support** to parents and youth facing professionals. <https://www.bigdeal.org.uk/>



Categories: Young People, Professionals, Parents/Carers, Gambling

Fink cards are specially developed thought provoking question cards that have been designed to get people talking by creating great conversations.

[www.finkcards.co.uk/](http://www.finkcards.co.uk/)



Categories: Young People, Professionals, Parents/Carers, Wellbeing

Dot Com Children's Foundation is a learning programme which teaches children to recognise risks and helps them develop the knowledge and confidence they need to make good decisions in life, especially about their own safety.

[www.dotcomcf.org/](http://www.dotcomcf.org/)



Categories: Children, Professionals, Parents/Carers, Sexual Exploitation, Wellbeing

NSPCC video - Underwear Rule 'PANTS' by Heygreen Primary Liverpool

[NSPCC Underwear Rule 'PANTS' Heygreen Primary](#)

Categories: Children, Professionals, Parents/Carers, Sexualised Touching, Sexual Abuse



Real Love Rocks – A Barnardo's resource for teachers

to use with primary or secondary school children to support them

in respect of **CSE** <http://www.barnardosrealloverocks.org.uk/>

Categories: Children, Young People, Professionals, Sexual Exploitation, CSE



The NWG Network provides advice, training and resources for professionals tackling **Child Sexual Exploitation**



<https://www.nwgnetwork.org/>

Categories: Professionals, Sexual Exploitation, CCSE

The NWG campaign Say Something if you See Something aims to increase awareness of **CSE**



[www.stop-cse.org/ssss/](http://www.stop-cse.org/ssss/)

**#SaySomething**

Categories: Professionals, Sexual Exploitation, CSE

Fearless.org is an organisation providing training and educational resources to help young people to recognise the signs of **CSE** and how to report it. [www.fearless.org](http://www.fearless.org)



Categories: Young People, Professionals, Sexual Exploitation, CSE

Thistle is an awareness raising film to highlight **Child Sexual Exploitation**



[www.youtube.com/watch?v=m838irSbQk0](http://www.youtube.com/watch?v=m838irSbQk0)

Categories: Young People, Professionals, Sexual Exploitation, CSE

The Lucy Faithfull Foundation is the only UK-wide child protection charity dedicated solely to preventing **child sexual abuse**. They work with the education sector providing training to protect children and they work with entire families that have been affected by **sexual abuse** including: young people with inappropriate sexual behaviours; adult male and female sexual abusers; victims of abuse and other family members <https://www.lucyfaithfull.org.uk/>



Categories: Professionals, Parents/Carers, Child Abuse

My Dangerous Loverboy is a campaign and short film to raise awareness of the **sexual exploitation** and trafficking of young people to be used alongside the Love or Lies Education Resource [www.mydangerousloverboy.com/](http://www.mydangerousloverboy.com/)



Categories: Young People, Professionals, Parents/Carers, Sexual Exploitation, CSE

Love Don't Feel Bad gives young people information and advice about coercive and controlling relationships [www.lovedontfeelbad.co.uk/](http://www.lovedontfeelbad.co.uk/)



Categories: Young People, Professionals, Abuse

Love Don't Feel Bad has a link to the Home Office Statutory Guidance Framework about the legal aspects of coercive control [www.lovedontfeelbad.co.uk/wp-content/uploads/2016/02/Controlling\\_or\\_coercive\\_behaviour\\_-\\_statutory\\_guidance.pdf](http://www.lovedontfeelbad.co.uk/wp-content/uploads/2016/02/Controlling_or_coercive_behaviour_-_statutory_guidance.pdf)



Categories: Young People, Professionals, Parents/Carers

Disrespect Nobody has advice and **support** for victims of relationship **abuse** presented via fun videos

<https://www.disrespectnobody.co.uk/>

Categories: Young People, Professionals, Parents/Carers, Sexual Exploitation



NHS England have produced a film about the issue of **Child Sexual Exploitation (CSE)** and the role of nurses and care-givers in safeguarding young people at risk.

<https://www.youtube.com/watch?v=Wm1bEWvDHCg>

Categories: Professionals, Sexual Exploitation, CSE



### Kayleigh's Love Story - Full Version

A video clip by Leicestershire Police to highlight the dangers of **CSE**

Warning: if shown in a cinema this would have a 15 certificate. This is a true story. Some viewers may find some scenes upsetting.

[www.leics.police.uk/kayleighslovestory#kayleighslovestory](http://www.leics.police.uk/kayleighslovestory#kayleighslovestory)

Categories: Young People, Professionals, Parents/Carers, Sexual Exploitation, CSE



Thames Valley Police '**Consent is everything**' campaign

[www.consentiseverything.com/](http://www.consentiseverything.com/)

Categories: Young People, Professionals, Parents/Carers, Consent

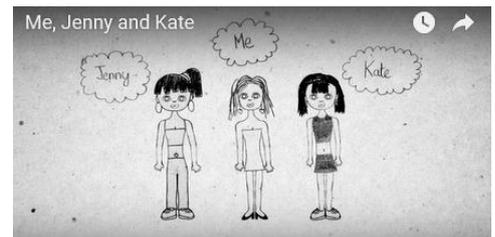


## Me, Jenny and Kate

Animation based on a survivor's story: a teenager recovering from a traumatic experience

[www.mydangerousloverboy.com/me-jenny-kate/](http://www.mydangerousloverboy.com/me-jenny-kate/)

Categories: Young People, Professionals, Parents/Carers, Sexual Exploitation, CSE



CEOP: ThinkUKnow. **Exploited** is an 18-minute film which helps young people learn to stay safe from **Child Sexual Exploitation**. This is an educational resource that can be delivered to young people in the context of a lesson, by professionals in the children's workforce. To access the free Exploited resource pack please visit [www.thinkuknow.co.uk/teachers](http://www.thinkuknow.co.uk/teachers)



<https://youtu.be/qORv-Tgl4JI>

Categories: Young People, Professionals, Sexual Exploitation, CSE

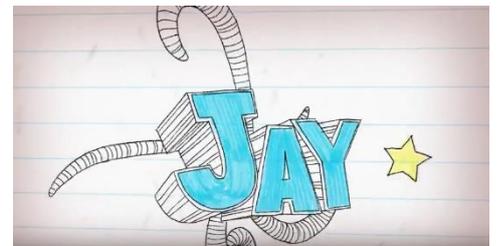
'Say Something' is a national campaign which offers a free, anonymous helpline for young people to disclose information and seek **support** around **Sexual Exploitation** 116 000 There are also quizzes and resources [www.faceup2it.org/](http://www.faceup2it.org/)



Categories: Young People, Professionals, Parents/Carers, Sexual Exploitation, CSE

Losing Control is a film about **Sexual Exploitation** made by Childline. It tells the story of Jay who groomed and **sexually exploited** his girlfriend, giving her alcohol and drugs so she'd sleep with his friends

<http://www.youtube.com/watch?v=XasNkfQ5AVM>



Categories: Young People, Professionals, Parents/Carers, Sexual Exploitation, CSE

NSPCC provides training courses delivered nationwide and online and can help professionals find the latest policy, practice, research or news. [www.nspcc.org.uk](http://www.nspcc.org.uk)



Categories: Young People, Professionals, Parents/Carers, Abuse

Mosac **supports** parents on discovering that their children have been **abused** 0800 980 1958. They also offer specialised training courses to professionals



[www.mosac.org.uk/](http://www.mosac.org.uk/)

Categories: Professionals, Parents/Carers, Child Abuse

Every Child Protected Against Trafficking is a children's rights organisation which provides resources and training to recognise and **support** trafficked children <https://www.ecpat.org.uk/>



Categories: Professionals, Parents/Carers, Exploitation, Abuse

Unseen is an organisation which runs training sessions to increase people's understanding of modern slavery and how to access **support** for potential victims <https://www.unseenuk.org/>



Categories: Professionals, Parents/Carers, Exploitation, Abuse

Kidscape provide a range of anti-**bullying**, e-safety and safeguarding sessions, **support** and advice for young people, parents and professionals <https://kidscape.org.uk/>



Categories: Young People, Professionals, Parents/Carers, Bullying, Online Safety

Safety Central provides three learning programmes designed to teach students to stay safe. SafetyStars is for Year 1 and 2 children at Key Stage 1, SafetyQuest adventure for Year 5 and Year 6 pupils at Key Stage 2 includes 15 life skills challenges, and Lessons4Life helps prepare Year 9 students at Key Stage 3 for young adulthood by focusing on personal safety, **wellbeing** and citizenship



<http://www.safetycentral.org.uk/learn>

Categories: Children, Professionals, Parents/Carers, Wellbeing, Online Safety

Able Training specialises in workplace training for education in areas such as safeguarding and advanced **physical intervention** (breakaway and restraint)



<https://www.able-training.co.uk/>

Categories: Professionals, Physical Intervention

## The Child Protection in Sport Unit

provides parents, coaches and safeguarding professionals with



**Child Protection in Sport Unit**

information and advice about ensuring children's safe participation in **sport**

<https://thecpsu.org.uk/>

Categories: Professionals, Sport

Ariel Trust is an educational charity based in Liverpool which provides products for professionals to help teach children to safe within the areas of **bullying**, racism, grooming, **online** etc [www.arieltrust.com/](http://www.arieltrust.com/)



Categories: Professionals, Bullying, Online Safety, Sexual Exploitation

National Bullying Helpline 0845 22 55 787 is an advice centre providing **support** for those suffering **bullying** and harassment

[www.nationalbullyinghelpline.co.uk/](http://www.nationalbullyinghelpline.co.uk/)



Categories: Young People, Professionals, Parents/Carers, Bullying

The Anti-bullying Alliance provides resources to support anti-**bullying** work in schools [info@antibullyingalliance.org.uk](mailto:info@antibullyingalliance.org.uk)

[www.antibullyingalliance.org.uk/](http://www.antibullyingalliance.org.uk/)



Categories: Professionals, Bullying

**Bully Busters** provides training and resources for young people, children, professionals, governors and parents/carers.



[www.bullybusters.org.uk/about\\_us/](http://www.bullybusters.org.uk/about_us/)

Categories: Children, Young People, Professionals, Parents/Carers, Bullying

Stop **Bullying** is a website for parents/carers, school staff, and other adults in the community to identify **bullying**, build a safe



school environment, and create a community-wide **bullying** prevention strategy

<https://www.stopbullying.gov/>

Categories: Professionals, Parents/Carers, Bullying

Stonewall provides resources and practical tips for **LGBT** in the curriculum [www.stonewall.org.uk](http://www.stonewall.org.uk)



Categories: Professionals, LGBT, Gender

The Proud Trust offers a range of learning opportunities for young people and professionals to gain a greater awareness and understanding of lesbian, gay, bisexual, trans and other (**LGBT+**) identities. They have a wealth of resources for children, young people and professionals <https://www.theproudtrust.org/>



Categories: Children, Young People, Professionals, Parents/Carers, LGBT, Gender

Mermaids provides advice to families and professionals who **support** children who may feel at odds with their birth **gender**

<http://www.mermaidsuk.org.uk/>

Categories: Professionals, Parents/Carers, Gender



The Gender Trust helps adults throughout the United Kingdom who are transsexual, gender dysphoric, transgender, or those whose lives are affected by gender identity issues.

[www.gendertrust.org.uk/](http://www.gendertrust.org.uk/)

Categories: Young People, Parents/Carers, LGBT, Gender



GIRES provides **support** for trans and **gender** non-conforming people of all ages, including those who are non-binary and non-**gender**. It also has created an e-learning course to help professionals and families understand the needs of these young people [www.gires.org.uk/](http://www.gires.org.uk/)



Categories: Young People, Professionals, Parents/Carers, LGBT, Gender, Support

Young Minds provides training, resources and materials to embed resilience, to help pupils prepare for the transition between primary and secondary school and to support young people through adolescence.

<https://youngminds.org.uk/>

Categories: Professionals, Wellbeing, Mental Health



Harmless provides support for people who self-harm and their family and friends. They also provide resources for professionals. <http://www.harmless.org.uk/>



Categories: Young People, Professionals, Parents/Carers, Wellbeing, Mental Health

Selfharm UK provides support and advice for people who self-harm and their parents/carers. They also provide resources for professionals.



[www.selfharm.co.uk](http://www.selfharm.co.uk)

Categories: Young People, Professionals, Parents/Carers, Wellbeing, Mental Health

NICCO lists services and resources to support professionals to work with children and families of offenders.



[www.nicco.org.uk](http://www.nicco.org.uk)

Categories: Professionals, Wellbeing, Mental Health

Boing Boing aims to develop resilience in children, young people, families and adults exposed to social disadvantage and inequalities. The Academic Resilience Approach provides free, practical resources



<https://www.boingboing.org.uk/academic-resilience-approach/>

Categories: Professionals, Parents/Carers, Wellbeing, Mental Health

Beacon Counselling Trust is a Liverpool based charity specialising in trauma, **sexuality**, OCD, anxiety, depression, **alcoholism**, addiction, anger management classes and critical incident [www.beaconcounsellingtrust.co.uk/](http://www.beaconcounsellingtrust.co.uk/)



Categories: Young People, Professionals, Parents/Carers, Alcohol, Drugs, Gender, Mental Health, Wellbeing

The Charlie Waller Memorial Trust provides **mental health** training, talks and workshops for schools and families. They also publish free resources for parents and professionals



<https://www.cwmt.org.uk/>

Categories: Young People, Professionals, Parents/Carers, Mental Health, Wellbeing

My Happy Mind is a curriculum for primary schools to give pupils the skills they need to look after their own **mental wellbeing** and teach them to build resilience and coping strategies. The materials use engaging animations and fun characters [www.myhappymind.org/](http://www.myhappymind.org/)



Categories: Children, Professionals, Parents/Carers, Mental Health, Wellbeing

CAMHS promotes the **mental health** and emotional **wellbeing** of all children, young people and their families/carers.



<https://www.liverpoolcamhs.com/>

Categories: Professionals, Parents/Carers, Mental Health, Wellbeing

Place2Be is a children's **mental health** charity providing school-based **support** and counselling to improve the emotional **wellbeing** of pupils plus in-depth training programmes and resources for families, teachers and school staff <https://www.place2be.org.uk/>



Categories: Professionals, Parents/Carers, Mental Health, Wellbeing

Mind Ed is a free educational resource on children and young people's **mental health** for all adults <https://www.minded.org.uk/>



Categories: Professionals, Parents/Carers, Mental Health, Wellbeing

Cruse supports **bereaved** people and also offers training to professionals so they can **support** staff and children <https://www.cruse.org.uk/>



Categories: Professionals, Parents/Carers, Bereavement, Support

Papyrus is the national charity dedicated to the prevention of young **suicide** in the UK. <https://www.papyrus-uk.org/>



Categories: Professionals, Parents/Carers, Suicide, Mental Health, Wellbeing

The Samaritans free phone 116 123 help children and young people prepare for life's challenges by running workshops and providing materials. They also **support** secondary schools in the aftermath of a **suicide**, through their [Step by Step service](#).



<https://www.samaritans.org/>

Categories: Children, Young People, Professionals, Parents/Carers, Suicide, Mental Health, Wellbeing

Inspire is a counter-**extremism** and human rights organisation which seeks to address inequalities facing British Muslim women.



<http://www.wewillinspire.com>

Categories: Young People, Professionals, Parents/Carers, Extremism, Radicalisation, Faith

The Muslim Youth Helpline offers free confidential and anonymous faith and culturally sensitive **support** to meet the specific needs of young Muslims.



Email: [help@myh.org.uk](mailto:help@myh.org.uk) <https://www.myh.org.uk/>

Categories: Young People, Professionals, Parents/Carers, Faith, Wellbeing, Belief, Culture

The Muslim Community Helpline is a national organisation providing advice and **support** for women, men, youth and children [www.muslimcommunityhelpline.org.uk/](http://www.muslimcommunityhelpline.org.uk/)



Categories: Children, Young People, Professionals, Parents/Carers, Faith, Wellbeing, Belief, Culture

The Hideout is a space created by Women's Aid with a section for adults about **domestic abuse** as seen from a child/young person's perspective [www.thehideout.org.uk/](http://www.thehideout.org.uk/)



Categories: Professionals, Parents/Carers, Domestic Abuse

Women's Aid provides advice, resources and training for tackling and preventing **domestic abuse**.



<https://www.womensaid.org.uk/>

Categories: Professionals, Parents/Carers, Domestic Abuse

Involve Northwest provide confidential advice, **support** and guidance for families. Their Leapfrog Scheme is a programme for children aged 5-10 years old who have witnessed or experienced **domestic abuse** within the family unit



[www.involvenorthwest.org.uk/](http://www.involvenorthwest.org.uk/)

Categories: Children, Young People, Professionals, Parents/Carers, Domestic Abuse

Safe Lives provides advice, **support** and resources for frontline workers and professionals working with **domestic abuse** victims [www.safelives.org.uk/](http://www.safelives.org.uk/)



Categories: Professionals, Domestic Abuse

**Is It Love?** A film about Domestic Violence

[https://www.youtube.com/watch?v=BYyB\\_FGV1GY](https://www.youtube.com/watch?v=BYyB_FGV1GY)

Categories: Young People, Professionals, Parents/Carers, Domestic Violence



The London Grid for Learning has a host of educational resources, including safeguarding

<https://www.lqfl.net/learning-resources/>

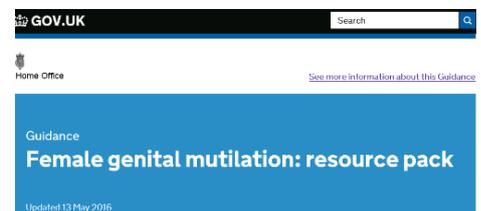
Categories: Professionals, Online Safety, Sexual Exploitation



DFE guidance and training for staff re **FGM**

<https://www.gov.uk/government/collections/female-genital-mutilation>

Categories: Professionals, FGM



PSHE association – factsheet and staff presentation re teaching **FGM** in schools

<https://www.pshe-association.org.uk/curriculum-and-resources/resources/information-sheet-addressing-fgm-schools>

Categories: Professionals, FGM



Integrate UK provides training and educational resources around the topic of **FGM**

[www.integratebristol.org.uk](http://www.integratebristol.org.uk)

Categories: Professionals, FGM



Forward provides educational resources and training and advice for staff around the topic of **FGM**

[www.forwarduk.org.uk/what-we-do/uk-programmes/schools-programme/](http://www.forwarduk.org.uk/what-we-do/uk-programmes/schools-programme/)

Categories: Professionals, FGM



Free training provided by the Home Office on recognising and preventing **FGM** <https://www.fgmelearning.co.uk/>

Categories: Professionals, FGM



Contact the Forced Marriage Unit (FMU) if you're trying to stop a **forced marriage** or you need help leaving a marriage you've been forced into Telephone: 020 7008 0151 [fmu@fco.gov.uk](mailto:fmu@fco.gov.uk)



The Forced Marriage Unit has produced resources for staff and videos for young people and families <https://www.gov.uk/guidance/forced-marriage#additional-resources>

Categories: Young People, Professionals, Parents/Carers, Forced Marriage

Plan UK provides a range of information about child marriage, FGM, violence etc. <https://plan-uk.org/resources>



Categories: Professionals, FGM, Forced Marriage, Abuse

**Right to choose: Spotting the signs of forced marriage**  
– Nayana

A video clip which is part of DFE Forced Marriage resources

<https://www.youtube.com/watch?v=kJbND8seYhE>



Categories: Young People, Professionals, Parents/Carers, Forced Marriage

**Right to choose: Spotting the signs of forced marriage**  
– Azim

A video clip which is part of DFE Forced Marriage resources

[https://www.youtube.com/watch?v=nF2\\_4uRtHJs](https://www.youtube.com/watch?v=nF2_4uRtHJs)



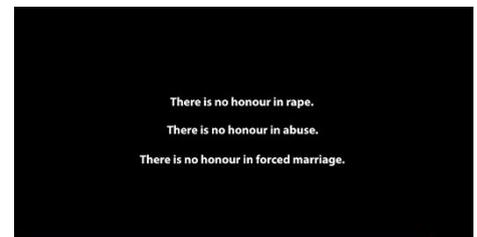
Categories: Young People, Professionals, Parents/Carers, Forced Marriage

**Right to Choose: the consequences of forced marriage**

A video clip which is part of DFE Forced Marriage resources

<https://youtu.be/pSPxOa9tCOI>

Warning: this video contains scenes of a sexual and violent nature that some viewers might find upsetting



Categories: Young People, Professionals, Parents/Carers, Forced Marriage

Karma Nirvana is an award-winning British charity

**supporting** victims of **honour-based abuse** and **forced**

**marriage** Helpline: 0800 5999 247 They also provide training for professionals

<https://www.karmanirvana.org.uk/>



Categories: Young People, Professionals, Parents/Carers, Forced Marriage, Honour, Abuse, Faith, Belief, Culture

The Iranian/Kurdish Women's Right Organisation (IKWRO) provides advice and **support** around **honour-based violence**, **forced marriage**, **FGM**, **domestic abuse** and violence and



sharia law. They provide direct services for Middle Eastern and Afghan women and girls and also provide advice and **support** to professionals to help them to understand issues affecting minority ethnic women 0207 9206460 <http://ikwro.org.uk/>

Categories: Young People, Professionals, Parents/Carers, Forced Marriage, FGM, Domestic Abuse, Honour, Faith, Belief, Culture

The London Safeguarding Children Board commissioned a short film on **child abuse** linked to **faith**, **belief** and **culture** <http://youtu.be/HbLz9iaUkcg>.

Categories: Professionals, Faith, Honour, Belief, Culture



The Merseyside Forced Marriage & HBV Protocol should be followed by professionals and community groups working in Merseyside to identify indicators and provide appropriate **support**



<https://merseyside.police.uk/media/183095/merseyside-fm-and-hbv-protocol.pdf>

Categories: Professionals, Forced Marriage

Irish Community Care offers information, **support** and advice for the Irish and Irish



Traveller communities around a range of issues including homelessness, identification, health, GP registration, applications for accommodation and cultural isolation

0151 237 3987 [www.iccm.org.uk/](http://www.iccm.org.uk/)

Categories: Professionals, Culture, Wellbeing

Amadudu is a refuge for Black women and children fleeing **domestic abuse** and violence. The service offers temporary accommodation for six families, providing **support**, understanding and access to additional services when required 0151 734 0083



Categories: Professionals, Parents/Carers, Domestic Abuse

Watch Over Me is a series of films including issues around road safety, weapons, internet safety, diverting children away from crime through sport, **extremism** and community cohesion and self-image. The series was made in memory of Damilola Taylor



<https://www.youtube.com/watch?v=Hcb-tjsi5Y>

Categories: Young People, Professionals, Parents/Carers, Sport, Extremism, Radicalisation, Online Safety, Crime, Wellbeing

The Anthony Walker Foundation aims to promote racial harmony through education, running workshops for schools. AWF operates locally, regionally and nationally but the priority focus is Merseyside. There is a **support** line 0800 876 6646 for reporting hate **crime**.



<http://anthonywalkerfoundation.com/>

Categories: Professionals, Parents/Carers, Crime

The Peace Foundation prevents violent **extremism** through education, and enhances skills in professional educators



<https://www.peace-foundation.org.uk/>

Categories: Professionals, Extremism, Radicalisation, Prevent Duty

The PSHE Association has developed a series of lesson resources on **gang**-related issues as well as **CSE** [https://www.pshe-](https://www.pshe-association.org.uk/curriculum-and-resources/resources/handling-sen-sitive-or-controversial-issues-through)



[association.org.uk/curriculum-and-resources/resources/handling-sen-sitive-or-controversial-issues-through](https://www.pshe-association.org.uk/curriculum-and-resources/resources/handling-sen-sitive-or-controversial-issues-through)

Categories: Professionals, Gang Culture, Sexual Exploitation, CSE

Fearless is a site providing non-judgemental information and advice about **crime** and criminality

<https://www.fearless.org/en/give-info>

Categories: Young People, Professionals, Parents/Carers,



ITV News: **drug gangs** are exploiting large numbers of children and pushing them onto the frontline of the UK's **class A drugs trade**.

<https://www.youtube.com/watch?v=AKRCWbif-x4>

Categories: Young People, Professionals, Parents/Carers, Drug Gangs, Gang Culture



A video about **gangs** and **gang culture**

<http://www.schoolsworld.tv/node/3136>

Categories: Young People, Professionals, Parents/Carers, Gang Culture



A video about tackling **gang culture**

<https://www.creativeeducation.co.uk/video/1993>

Categories: Young People, Professionals, Parents/Carers, Gang Culture



**PanicGuard** is a smartphone safety app endorsed by **Crimestoppers** and the National Mobile Crime Unit.

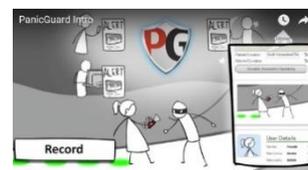
Users of **PanicGuard** can activate the app when they feel that they are in danger by shaking their smartphone. The app can track the location of the user, record video and audio and send an alert to the user's emergency contacts.

If the app is shaken again it emits a loud alarm sound and turns on the flash on the mobile handset. The app can be deactivated only by entering a security code.

The app is available for iPhone and Android mobile phones and costs £3.99 per month.

[www.panicguard.com/](http://www.panicguard.com/)

Categories: Young People, Professionals, Parents/Carers, Crimestoppers, PanicGuard



An online resource to support teachers covering the topic of violent **extremism** and **radicalisation** to meet statutory requirements within the **Prevent Duty**.

<http://www.wherestheline.co.uk/>



Categories: Professionals, Prevent Duty, Extremism, Radicalisation, Terrorism

Educate against hate website provides guidance to parents and teachers to protect young people from **extremism** and **radicalisation** <http://educateagainsthate.com/>



Categories: Professionals, Extremism, Radicalisation, Terrorism

DFE E-learning **prevent** training for school staff

<https://www.elearning.prevent.homeoffice.gov.uk/>

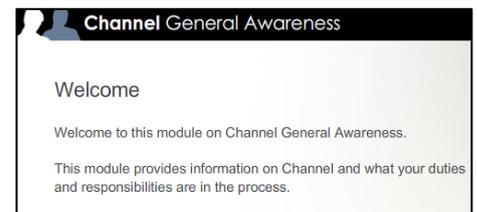
Categories: Professionals, Prevent Duty, Extremism, Radicalisation, Terrorism



General Channel awareness training for professionals in respect of supporting children at risk of **extremism** and **radicalisation**

[http://course.ncalt.com/Channel\\_General\\_Awareness/01/index.html](http://course.ncalt.com/Channel_General_Awareness/01/index.html)

Categories: Professionals, Prevent Duty, Extremism, Radicalisation, Terrorism



Prevent Tragedies is a UK police and partners initiative to help prevent people getting drawn into violent **extremism** and **terrorism**

[www.preventtragedies.co.uk/](http://www.preventtragedies.co.uk/)

Categories: Professionals, Prevent Duty, Terrorism, Extremism, Radicalisation



**Prevent** for Further Education and Training complying with the **prevent duty** provides information and resources for practitioners

[www.preventforfeandtraining.org.uk/](http://www.preventforfeandtraining.org.uk/)



Categories: Professionals, Prevent Duty, Terrorism, Extremism, Radicalisation

The Run, Hide, Tell resource pack has been produced by the National Counter **Terrorism** Security Office (NaCTSO), as part of their ACT for YOUTH campaign to inform 11-16 year olds of how best to react to a gun or knife terror attack.



<https://www.pshe-association.org.uk/curriculum-and-resources/resources/run-hide-tell-resource-packs-key-stages-3-4>

<https://www.merseyside.police.uk/advice-and-protection/terrorism/>

Categories: Young People, Professionals, Prevent Duty, Terrorism, Extremism, Radicalisation



**Prevent** for Schools provides a variety of practical materials resources, advice and guidance to support schools with educating and safeguarding pupils against the dangers



of **radicalisation** and violent **extremism**. There are resources suitable for both primary and secondary schools as well as FE and HE colleges [www.preventforschools.org/](http://www.preventforschools.org/)

Categories: Children, Young People, Professionals, Prevent Duty, Terrorism, Extremism, Radicalisation

Connect Futures has developed courses to increase understanding about the law, the path into and out of violent **extremism**, and the practical actions to help **prevent** and identify risk and vulnerability. <https://www.connectfutures.org/>



Categories: Professionals, Prevent Duty, Terrorism, Extremism, Radicalisation