

# EFFECTIVE AND SUSTAINABLE USE OF THE PRIMARY PE AND SPORT PREMIUM

Parish Church of England Primary School

#### Provide staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively

- Ongoing CPD from four boroughs and SHAPES
- CPD from specialist sports providers when teaching PE as both curriculum and extra-curricular clubs.
- Investment in new equipment and specialist CPD, e.g. Sports hall Athletics.
- Staff demonstrate through delivery in curriculum lessons also extra-curricular clubs.
- Impact also identified from staff questionnaires.

#### Hire qualified sports coaches to work with teachers to enhance or extend current opportunities

- Local clubs brought in to deliver sports in both curriculum and extra-curriculum clubs.
- Exploration of signposting children onto local clubs and opportunities for sponsorship.
- Outdoor adventure experiences. Y3 winter warmers; Y4, Y5, Y6 Active Hope; Y4, Y5, Y6 adventure holiday; Y2 and Y3 outdoor learning activities including forest school and orienteering; YN, YR and Y1 forest school afternoons; Phase 2 Parish Explorers; Phase 3 Adventure Service Challenge.
- Change 4 Life clubs.
- Healthy lifestyle clubs offered including chef club, yoga, mindfulness, fit kids, etc.

## Introduce new sports, dance or other activities to encourage more pupils to take up sport and physical activities

- Healthy lifestyle clubs offered including chef club, yoga, mindfulness, fit kids, etc.
- Dance delivered during curriculum and extra-curricular clubs.
- Signposting children onto local clubs and opportunities for sponsorship.
- Visits from sporting role models.
- Introduction of sports presentations each term to acknowledge commitment and participation by children.

## Support and involve the least active children by providing targeted activities, and running or extending school sports and holiday clubs

- Aim to include all children in KS2 in at least one activity club from a range of self-enrolment and invite only targeted clubs.
- Change 4 life clubs.
- Signposting children onto local clubs and opportunities for sponsorship.
- Outdoor adventure experiences. Y3 winter warmers; Y4, Y5, Y6 Active Hope; Y4, Y5, Y6 adventure holiday; Y2 and Y3 outdoor learning activities including forest school and orienteering; YN, YR and Y1 forest school afternoons; Phase 2 Parish Explorers; Phase 3 Adventure Service Challenge.
- Change 4 Life clubs.

- Healthy lifestyle clubs offered including chef club, yoga, mindfulness, fit kids, etc.

#### Enter or run more sport competitions

- Aim to include all children in KS2 in at least one activity club from a range of self-enrolment and invite only targeted clubs.
- Continue to take part in a range of school games and SHAPES festivals and competitions.
- Commit to the year 6 celebration event in the summer term.
- Develop new football team for the SHAPES football league.
- Continue to identify and nominate children for trials in St Helens School Boys football.
- Inter-house competitions take place termly.
- Re-develop sports day for summer term 1 including a wider variety of sporting competitions and increased participation.

#### Partner with other schools to run sports activities and clubs

- Develop new football team for the SHAPES football league including visiting other schools and hosting sporting events.

#### Increase pupils' participation in the School Games

- Aim to include all children in KS2 in at least one activity club from a range of self-enrolment and invite only targeted clubs.
- Commit to the year 6 celebration event in the summer term.
- Continued support of school games competitions.
- Investment in equipment and CPD for staff to support participation of school games competition.

## Encourage pupils to take on leadership or volunteer roles that support sport and physical activity within the school

- Activity leaders and sports council already embedded within school and house captains introduced and roles continued to be developed. These include leading assemblies, being role models in sport and physical activities, creating opportunities for children to engage in sport in school, council meetings.
- Developing inter-house competitions in PE and leader board in school.

## Provide additional swimming provision targeted to pupils not able to meet the swimming requirements of the national curriculum

- Swimming is provided for year 3,4,5,6. Previously additional swimming lessons have been provided by school for targeted children and provision available for an identified children in the future.

## Embed physical activity into the school day through active travel to and from school, active playgrounds and active teaching

- Use of Go Noodle, Super Movers, The Body Coach and other activities in class to increase physical activity.
- Heatmap completed by some classes to look for times in the school day to optimize physical activity.
- Personal best at playtimes to increase own physical activity.