



NEWSLETTER

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Learning and Growing Together in Faith, Hope and Love

2023-2024 Issue Number 17— Friday 19th January 2024

OUR VALUE THIS HALF
TERM IS:
HOPE THROUGH HOPE
ITSELF

*For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future.
Jeremiah 29:11*



A message from Mrs Young

Dear Parents and Carers,

What a cold and wintry week we have had this week!

On Tuesday we really valued your support in our decision to allow children to go outside and enjoy the snow! They absolutely loved making snow people, throwing snowballs and just enjoying the magical sensation that snow brings as we run and crunch through it!

We enjoyed a visit from Reverend Rachel on Thursday who led worship based on Hope. We are excited to announce that on Thursday 8th February, we will be relaunching our Parish Praise events. We haven't held these events since before Covid. They are a wonderful time after school for parents and children to come and worship with us here in school. More info to follow!

On Monday, Mrs Flanders and I were delighted to have been invited to Westminster to receive the coveted International School Award from The British Council. Marie Rimmer MP met us there to congratulate us and she even took us into the House of Commons to watch the chamber in action! More information about the award and why we received it will soon be sent to you.

Finally, thank you to all those who attended the coffee morning today. I'm sure you'll agree that Miss Dodd does a brilliant job in leading science for school!

Have a lovely weekend,

Mrs Young x



School Matters!



Attend Today, Achieve Tomorrow

Attendance	
Whole School	95.9%
Reception	97.3%
Year 1	94.5%
Year 2	92%
Year 3	97.9%
Year 4	94.4%
Year 5	96.3%
Year 6	98.7%



205 pupils with perfect attendance this week!



Attendance Update

We need to try really hard each and every week to make sure every year group is beating our **97% target**— this will help us to succeed!

Our attendance this week is: 95.9%

Our attendance for the year so far is: 95.6%

Pots of Gold Experiences

Following Parent feedback, we are letting you know in advance when our Pots of Gold Experiences will take place. This is because there will be a cost implication with the majority of these trips. Please be assured we won't be expecting payment for these trips until the date stated on each letter, which will be approximately 2 weeks before the date of each visit however they are available on School Money.

If you have any questions about this, please do ask a member of staff.

Year Group	Location	Date
Nursery	Acorn Farm	26.4.24
Reception	Manchester Airport Runway Visitor Park	18.6.24
Year 1	Knowsley Safari Park	23.5.24
Year 2	Southport Eco Centre	14.6.24
Year 3	Liverpool Philharmonic and World Museum	6.3.24
Year 4	Museum of Liverpool and Mersey Ferry	20.6.24
Year 5	Jodrell Bank	31.3.24
	Jewish Museum	20.5.24
Year 6	Anglican Cathedral	6.6.24

Attendance Steps to Success:



- ★ Ring the school office as soon as possible to explain any absence.
- ★ Be on time! Remember that gates close at 8:50am. Any absence after 9:20am is unauthorised.
- ★ Provide evidence for any medical appointments.
- ★ Speak to a member of the attendance team if you need support with your child's attendance - we are here to help!
- ★ Read any information and letters (including the newsletter) carefully.



PARISH NEWS



This week, Mrs Young and Mrs Flanders travelled down to London for the day to accept our International Schools Award on behalf of Parish C of E Primary. It was such an exciting day celebrating our school's success. Kate Ewart-Biggs, Deputy Chief Executive, British Council, gave an inspirational speech and our Local MP, Marie Rimmer, came to congratulate us.

International Schools Award



Our International Community

The moderators commented that Parish 'is a school that is fostering a global awareness and an understanding of other cultures and their languages in its pupils, through curriculum-based work and school partnerships. Your school has strong community links, including with other schools in the Liverpool Diocesan Trust, and, in particular, with St. James C of E, the school that you support with its international work and involve in many of your activities.'

What is the award?

The International School Award rewards schools that have shown a commitment to embedding international awareness and understanding within their class or school. Students will learn about new cultures, becoming more globally aware members of society and improving their language abilities.

By including international elements in the curriculum, students receive a more diverse and engaging learning experience which also increases respect for those in their immediate social spheres.

A HUGE thank you to all our students and their families for supporting us on this journey!



Rainbow Flag Award

You may have noticed through our social media over the past year that we have been working towards the Rainbow Flag Award at Parish. This is in collaboration with YPAS (Young Person's Advisory Service) and aims to help schools in developing our support for LGBT+ members of our community. Ensuring that we are welcoming to every child and family is what we do at Parish, and we are so Proud to have achieved this award!

PROUDLY ACHIEVED



January 2024

A massive thank you to the children, staff, parents and Governors who have helped us to achieve this!

@ypasliverpool @rainbowfladawd

Diary Dates

22/01/2024—Reception 0-19 Team Hearing
25/01/2024—Reception visit to Parish Church
26/01/2024—Year 5 Class Assembly
26/01/2024—Y6 Money Mentors
26/01/2024—Y5/6 Girls Football Competition
01/02/2024—Diversity Coffee Morning
01/02/2024—Parish Cultural Heritage showcase
05/02/2024—Keeping Safe Week
06/02/2024—Safer Internet Day
08/02/2024—Parish Praise launch event
09/02/2024—Faith. Hope and Love Day
09/02/2024—End of half term
19/02/2024—Spring 2 begins
19/02/2024—Lunar New Year
27/02/2024—Parish University Oracy session
27/02/2024—SATS Information Meeting Y2
28/02/2024—SATS Information Meeting Y6
29/02/2024—Leap Year Fundraising Event (More Information to Follow)

Headteacher's Award WINNERS

Influencing Aspirations

NURSERY	Chester Akafo
RECEPTION	Andrew Zielinski
YEAR 1	Rosalie Smidt
YEAR 2	Aiden Mok
YEAR 3	Maria Nunes Ortolan
YEAR 4	Serephina Johnson
YEAR 5	Darsey Vickery
YEAR 6	Lexi Smith

PE DAYS SPRING 1

TUESDAY—YEAR 1

WEDNESDAY—YEAR 1, YEAR 3, YEAR 4 & YEAR 5

THURSDAY—NURSERY, RECEPTION, YEAR 2, YEAR 3, YEAR 5 & YEAR 6.

FRIDAY— YEAR 2 & YEAR 4

Full PE kit on these days.

Black tracksuit/shorts and plain white T.Shirt (logo optional)

**NO SLOGAN/BRADED T SHIRTS
OR BRIGHT COLOURS. THIS IS PART
OF SCHOOL UNIFORM AND EXPECTATIONS
MUST BE FOLLOWED.**

School Policy Focus

Each week on the School Newsletter we are going to explain a little more about one of our policies in school—today we are focusing on the Positive Relationships and Behaviour Policy.

Positive Relationships and Behaviour Policy

You may have noticed our Year 4 class wearing their pyjamas to school today. This is because they have filled their class 'Recognition Board.' This is one aspect of our Positive Relationships and Behaviour Policy, which encourages children to work together to gain 'ticks' on their class 'Recognition Board.' Once the board is full, the children can choose a treat for their class.

Safeguarding—Top Tip

Collection From School

If your child is being collected by someone different than usual or who members of staff have not met before, we may ask you for a password to release your child. We may also call you to confirm the arrangements. This is to ensure that your child is released into your care safely.

You can support us with this by making us aware of any changes to your child's collection arrangements in advance. Please be patient with staff who are just trying to keep children safe.

Parking Around School

When parking around school, please ensure you take the time to review the parking rules for the space you are parking in. There are a number of spaces that are for residents only. Parking wardens do patrol the areas around school and can issue fixed penalty notices.

Thank you.

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What Parents & Carers Need to Know about GROUP CHATS

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WHAT ARE THE RISKS?

BULLYING

Unkind comments or images which are purposely aimed at an individual can be shared often in a group chat – allowing and often encouraging others to join in the bullying behaviour. If this content is shared in a group of their peers (especially a larger group), it serves to amplify the hurt, embarrassment, anxiety and isolation that the victim feels.

EXCLUSION AND ISOLATION

This common issue with group chats can happen in several ways: starting a new group, for instance, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one child doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss or share images from an event that everyone else but them attended.

INAPPROPRIATE CONTENT

Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by your child if they are part of that group, whether they actively engage in it or not. Some chat apps have a disappearing message function, so your child may be unable to report something they've seen because it can only be viewed once or for a short time.

SHARING GROUP CONTENT

It's important to remember that – while the content of the chat is private between those in the group – individual users can easily share a message, photo or video with others outside of the group or screenshot what's been posted. The risk of something your child intended as private becoming public (and potentially going viral) is higher if there are people they don't know well in the group.

UNKNOWN MEMBERS

Within larger group chats, it's more likely your child will be communicating with people they don't really know. These strangers may be friends of the host, but not necessarily friendly toward your child. It's wise for young people not to share personal details and stay aware that they have no control over the messages and images they share after they've put them online.

NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications. Every time someone in the group messages, your child's device will be 'pinged' with an alert; potentially, this could mean hundreds of notifications a day. Not only is this highly distracting, but young people's fear of missing out on the latest conversation results in increased screen time as they try to keep up with the chat.

Advice for Parents & Carers

CONSIDER OTHERS' FEELINGS

Group chats are often an arena for young people to gain social status. This could cause them to do or say things on impulse, which could upset others in the group. Encourage your child to consider how other people might feel if they engaged in this behaviour. If your child does upset a member of their group chat, support them to reach out, show empathy and apologise for their mistake.

PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Discuss the importance of not revealing identifiable details like their address, their school or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they lose control of where it may end up and how it might be used.

GIVE SUPPORT, NOT JUDGEMENT

Remind your child that they can confide in you if they feel bullied or excluded in a group chat, instead of responding to the person who's upset them. Validate their hurt feelings and help to put them back in control by discussing how they'd like to handle the situation. On a related note, you could also empower your child to speak up if they're in a chat where others are being picked on.

AVOID INVITING STRANGERS

Sadly, many individuals online hide their true identity to gain a child's trust – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure your child understands why they shouldn't add people they don't know to a group chat – and, especially, to never accept a group chat invitation from a stranger.

BLOCK, REPORT AND LEAVE

If your child is in a chat where inappropriate content is being shared, advise them to block the users sending the material, report them to the host app or platform and exit the group. If any of this content could be putting a minor at risk, contact the police. Emphasise to your child that it's OK for them to simply leave any group chat that they don't feel comfortable being a part of.

SILENCE NOTIFICATIONS

Having a phone or tablet bombarded with notifications from a group chat can be a massive irritation and distraction – especially if it's happening late in the evening. Explain to your child that they can still be part of the group chat, but that it would be healthier for them to turn off or mute the notifications and catch up with the conversation at a time which better suits them.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing Internet use and sexting behaviour of young people in the UK, USA and Australia.



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National
Online
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#WakeUpWednesday



www.nationalonlinesafety.com



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@nationalonlinesafety

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Source: <https://www.nationalonlinesafety.com/what-are-the-risks-of-group-chats> | Learning children - safe/online-safety/social-media/chat-apps

The value **hope** is about much more than just wishing as hard as we can that things will be different. It is about believing that the world can be better and being prepared to do something!

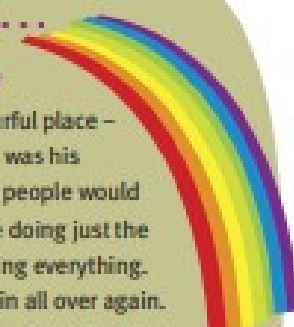
- your **hopes** and dreams for the future
- what you can do to make them happen
- what others need to do

"Learn from yesterday, live for today,
hope for tomorrow"
— *Albert Einstein*



But God also saw that not everyone on the earth was wicked. There was one man and his family trying to do their best to look after the world and to look after each other and to listen to him. The man's name was Noah. God told Noah to build an ark – a huge, magnificent boat. Noah was mystified because he lived miles from the ocean and was not sure why he would ever need a boat. As word got around about the enormous boat Noah's neighbours made his life miserable with their taunts and jibes. Sometimes Noah was tempted to lose **hope**, but he knew from experience that he could trust God for the future, so he and his family kept on building.

And then a wonderful thing happened. God sent a rainbow - a beautiful, colourful bow in the sky. It was a sign of **hope** and promise. The world had been washed clean, and was all ready for a new beginning.



NOAH	CREATURE	FORTY
ARK	DAYS	HOPE
BOAT	DOVE	NEST
BUILD	FLOODS	PROMISE
	GOD	RAINBOW
		WORLD

P	R	O	M	I	S	E	T
A	A	C	G	K	D	U	P
R	I	B	F	R	O	G	J
R	N	J	H	G	O	D	D

L	Q	R	O	B	O	A	T	L	E	K	A	N	S
G	O	A	T	O	U	A	M	F	O	R	T	Y	T
D	L	R	O	W	Z	I	H	O	P	E	D	T	S
P	M	K	C	A	M	E	L	X	N	E	L	F	E
O	L	I	O	N	E	V	O	D	S	K	E	O	N
E	R	U	T	A	E	R	C	A	R	B	E	Z	M
V	X	A	Y	G	I	R	A	F	F	E	B	Y	W

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The Basket of Dreams

This beautiful sculpture is on the hills overlooking Lake Wakatipu in New Zealand. It is called the Basket of Dreams and is made from a spiral of steel. Spirals can remind us that we have a choice about the way we live. We can either travel inwards towards self-centredness where we only try to think of ourselves or we can travel outwards towards the world and other people.



FAMILY FOCUS

Spiral of Hope

Start with a circle of paper or light card and draw a spiral. On the spiral write a **hope** or dream that you have that will make the world a safer, cleaner or more healthy place to live. Cut along the lines until you get to the centre, leaving a circle in the middle. Make a hole in the middle so you can hang your spiral from a thread.

(You may want to practice drawing a good spiral on some scrap paper before you start.)



FASCINATING FACTS

Rainbows

After a shower of rain we sometimes see a magnificent rainbow arched across the sky.

- rainbows are the reflection of the sun in the rain droplets in the sky
- they are curved because raindrops are round
- they are multi-coloured because each raindrop splits the sunlight into a spectrum of colours
- the colours of the rainbow are always in the same order – red, orange, yellow, green, blue, indigo and violet – and red is highest in the sky
- an easy way to remember the order is using the mnemonic **R**ichard **O**f **Y**ork **G**ave **B**attle **I**n **V**ain'. The first letter of each word is also the first letter of the colour.



HALL OF FAME

Sir David Attenborough

Sir David Attenborough is best known as a natural history film maker. He has made expeditions all over the world to watch and film wildlife in its natural habitat. His many TV documentary programmes have allowed us all to understand the wonder of nature and the importance of conserving the natural environment if species are to survive.

Sir David has shown us the impact humans have too often made on the natural world and the consequent

struggle of wildlife to survive. His **hope** is that we leave future generations a planet that is healthy and inhabitable by all species.



HOME-SCHOOL CHALLENGE

Make a 'hopes and dreams' catcher

- Dream catchers are traditionally made from a looped willow branch onto which a net or web is woven. The net is then decorated with feathers, beads and other decorations. According to American Indian folklore, as we sleep, dreams are caught in the net and with the first rays of sunlight any bad dreams are burned away.

Find a long twig that can be bent and tied to make a hoop or frame. Use natural string or thread stretched across the frame to make the net and then decorate it creatively to catch all the **hopes** and dreams you can!



Mental Health Support Team

WELLBEING WEBINARS

Your MHST is running a series of webinars one Friday a month on a number of topics relating to mental health and wellbeing.

TOPICS AND DATES

- Worry Management - 19 January
- Parenting for Anxiety - 23 February
- Low Mood - 22 March
- Neurodiversity - 26 April
- Parent Skills for Behaviour - 17 May
- LGBTQ+ - 21 June
- Emotional Regulation - 19 July



WHEN

4pm to 4:45pm



WHERE

Zoom

(link will be emailed)



To register please email which webinar you want to attend to
events@merseycare.nhs.uk

Webinars will be recorded.
No chat function will be available
for safety purposes.

School Nurse Drop-In

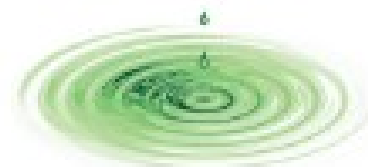
If you have any questions relating to your child's health and wellbeing, please come and meet our school nurse Sam. She'll be holding a parent drop-in on Tuesday 23rd January between 3 and 4pm. Please go to the school office to see her.

NHS

ADDvanced Solutions Community Network

Autism Post Diagnostic Learning Programme

St Helens families



**ADDvanced Solutions
Community Network**
Supporting you to find the answers

We are pleased to share details of our Autism Post Diagnostic Learning Programme; a course for parents and carers living in St Helens, whose child or young person has received a diagnosis of autism (ASD). This unique learning programme has been designed to support and empower parents and carers, following their child or young person's diagnosis, in their understanding of how autism is experienced by children and young people. It will provide learning, guidance, and strategies to support their child or young person.

This learning programme is commissioned by NHS Cheshire and Merseyside ICB - St Helens Place.

This new offer begins in January 2024.

To find out more, call us on 01744 582172 or email us info@advancedsolutions.co.uk. You can also visit our website, www.advancedsolutions.co.uk, for further information.

Topics covered during the weekly sessions

Understanding autism	Communication skills
Discussing a diagnosis of autism	Promoting self-esteem
Autism and girls	Talking about health
Sensory Processing Difficulties	Building positive relationships
Unique thought processes and special interests	Educational settings: working together
Stress and anxiety	Managing transitions
Understanding and supporting behaviour	Independence skills

For more information:

E: info@advancedsolutions.co.uk

T: 01744 582172

www.advancedsolutions.co.uk



Autism Post Diagnostic Learning Programme Session Dates

IF YOUR CHILD IS 9-13 YEARS OF AGE

Session Number	Date and Time	Venue	Booking Details
Session 1 and 2	Friday 26th January 2024 9:30am - 2:45pm	St Helens, WA10	Parent/carers can call our office on 01744 582172 or email info@advancedsolutions.co.uk to book onto the learning programme.
Session 3 and 4	Friday 2nd February 2024 9:30am - 2:45pm		
Session 5 and 6	Friday 9th February 2024 9:30am - 2:45pm		

For more information:

E: info@advancedsolutions.co.uk

T: 01744 582172

www.advancedsolutions.co.uk

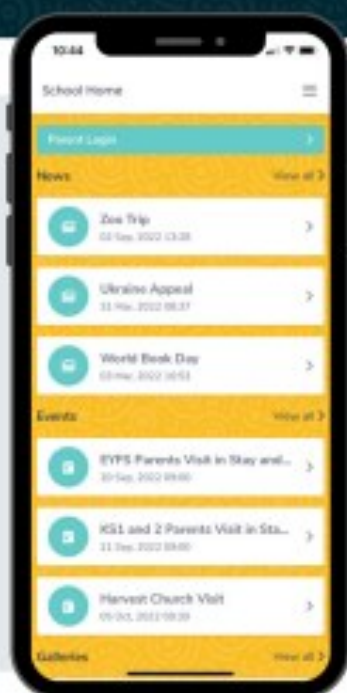


Guide to our app for parents & carers



School Spider allows you to receive and return information directly to and from the school. Receive instant messages, complete surveys, book your parents' evenings and report absences.

Select your school to get started!



How to get started

Once you have selected the school, you will see posts from the school website. Click parent dashboard to login or create an account. Create an account by pressing "create account" and enter your email address.

You must have your email linked with the school!

Take a look around...

See all action items on your dashboard

Click to respond or book for each child



Click the envelope to see your recent messages

Click these 3 lines to:

- Switch between areas
- Edit your profile
- Logout

DOWNLOAD NOW

