



Parish C of E Primary School
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Head Teacher: Mrs J Young



Tuesday 28th November

Kindness Calendar

Dear Parent/Carer

As we enter the festive period of advent, it is important to spread 'Faith, Hope and Love' across the Parish school community. December is the perfect time to ensure that everyone at Parish is "Learning and Growing Together in Faith, Hope and Love" and celebrate the coming of Jesus into the world during Advent.

Attached is our annual 'Kindness Calendar' with a variety of different daily kindness activity that your child can choose to complete. The calendar explains what the activity is and why it has been chosen with all of the tasks free to complete. Once completed, please share your acts of compassion on Twitter (@parishschool) using #parishcompassion, or bring completed activities into school for display.

Across the month, certificates will be sent home to celebrate those children who complete a range of kindness activities during that week. I cannot wait to see the range of activities that children can complete alongside the kindness and compassion that is spread throughout the Parish School Community.

If you have any questions, please speak to your child's class teacher or email at support.parish@ldst.org.uk





Yours sincerely,

Mr M Hardy
Partnership Deputy Headteacher



Our Kindness Calendar for Advent:

"Learning and Growing Together in Faith, Hope and Love."

| | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | Monday |
|---|---|--|--|---|--|--|---|
| Hope  <input type="checkbox"/> | | | | 1 With an adult, call/video call a friend or a relative to have a chat. Make them smile and give someone hope in this festive period. | 2 Safely with an adult, find a source of light (such as a torch). Together say/write a prayer for "Who needs light in their darkness?" | 3 With an adult, research your class 'Gift of Gold' charity. Produce a poster all about how they give people hope. | 4 Make a small donation to our foodbank collection in school for Teardrops. Give real hope to someone this Christmas. |
| Peace  <input type="checkbox"/> | 5 Design a Christmas decoration that symbolises 'peace' and add this to your Christmas tree. | 6 Have a day without using any digital devices. Have a peaceful day talking to your family. | 7 Listen to a piece of your favourite music. Stop, reflect and think about how this makes you feel. | 8 Do something to help look after our beautiful planet Earth— recycling is a great example. | 9 This half term's Christian value is 'Faith through Peace.' Write an acrostic poem, saying what 'peace' means to you. | 10 Research Christmas traditions in different countries — having an interest in the lives of others brings peace. | 11 Write things that bring you peace within a 'dove' and hang it in your window at home as a Christian symbol of peace. |
| Joy  <input type="checkbox"/> | 12 Our greatest gift can be to say thank you. What would you like to say thank you for? Write or explain this to a member of your family. | 13 Write a joke at home that you could bring into school and share with your class. | 14 Leave a positive message for someone in school or at home to find. Spread some joy this Christmas! | 15 Gospel means 'good news.' Share some good news in your life with your class. | 16 Make a Christmas card for someone you care about to bring them some joy. Give them the card. | 17 With an adult, go on a winter walk into God's world and appreciate the joy this brings. Take a photo of this. | 18 Listen and sing Christmas Songs - spread festive joy! ☺ |
| Love  <input type="checkbox"/> | 19 Pray for someone less fortunate than you this Christmas and show them your love. | 20 Our School vision is 'Learning and Growing Together in Faith, Hope and LOVE.' Design a poster to share our school vision. | 21 Draw a heart and write the names of all the people who give you love in your life at this festive time. | 22 As we finish school for the Christmas holidays, watch a Christmas film with someone you love. | 23 With an adult, bake something festive. Spend time with the people you love. | 24 Be kind to yourself — do something that you love on Christmas Eve. | 25 Merry Christmas! |

How many acts on our Kindness Calendar can you complete over the period of Advent? Remember to share them on Twitter (@parishschool1) or bring them into school!