



PRIMARY PE AND SPORT PREMIUM – KEY INDICATORS

Parish Church of England Primary School

The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school

- Parish 10 takes place daily for KS1 and KS2.
- EYFS have access to continuous provision both indoor and outdoor throughout each day.
- Activity leaders on playgrounds over lunchtime each day. Additional training for year 5 children in November.
- Use of Go Noodle, Super Movers, The Body Coach and other activities in class to increase physical activity.
- Heatmap completed by some classes to look for times in the school day to optimize physical activity
- Personal best at playtimes to increase own physical activity

The profile of PE and sport is raised across the school as a tool for whole-school improvement

- Activity leaders and sports council already embedded within school and house captains introduced and roles continued to be developed. These include leading assemblies, being role models in sport and physical activities, creating opportunities for children to engage in sport in school, council meetings.
- Developing inter-house competitions in PE and leader board in school.
- Assemblies delivered on sport by providers from the local community including St Helens Rugby Foundation, Lancashire Cricket Club Foundation and St Helens Judo Education.
- Visits from sporting role models including St Helens Rugby Club and Beth Tweddle.
- Increased participation in school games competitions and commitment to developing sports profile in school by becoming a member of SHAPES and attending sports festivals.
- Introduction of sports presentations each term to acknowledge commitment and participation by children.
- Football team now part of a league within St Helens.

Increased confidence, knowledge and skills of all staff in teaching PE and sport

- Ongoing CPD from four boroughs and SHAPES
- CPD from specialist sports providers when teaching PE as both curriculum and extra-curricular clubs.
- Investment in new equipment and specialist CPD, e.g. Sports hall Athletics.
- Staff demonstrate through delivery in curriculum lessons also extra-curricular clubs.
- Impact also identified from staff questionnaires.

Broader experience of a range of sports and activities offered to all pupils

- Investment in new equipment and CPD delivered to staff.
- Local clubs brought in to deliver sports in both curriculum and extra-curriculum clubs.
- Exploration of possibility of signposting children onto local clubs and opportunities for sponsorship.
- Outdoor adventure experiences. Y3 – winter warmers; Y4, Y5, Y6 – Active Hope; Y4, Y5, Y6 – adventure holiday; Y2 and Y3 – outdoor learning activities including forest school and orienteering; YN, YR and Y1 – forest school afternoons; Phase 2 – Parish Explorers; Phase 3 - Adventure Service Challenge.
- Change 4 Life clubs.
- Healthy lifestyle clubs offered including chef club, yoga, mindfulness, fit kids, etc.
- Clubs so far, this year include rugby, cricket, gymnastics, judo, football.

Increased participation in competitive sport

- Aim to include all children in KS2 in at least one activity club from a range of self-enrolment and invite only targeted clubs.
- Continue to take part in a range of school games and SHAPES festivals and competitions.
- Commit to the year 6 celebration event in the summer term.
- Develop new football team for the SHAPES football league.
- Continue to identify and nominate children for trials in St Helens School Boys football.
- Inter-house competitions take place termly.
- Re-develop sports day for summer term 1 including a wider variety of sporting competitions and increased participation.