



# P.E Long-Term Plan

Parish Church of England Primary School

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction to PE 1	Fundamentals 1	Gymnastics 1	1 Dance	Games 1	Ball Skills 1
Reception	Introduction to PE 2	Fundamentals 2	Gymnastics 2	2 Dance	Games 2	Ball Skills 2
Year 1	Ball Skills	Sending and receiving	Team Building	Invasion	Net and Wall	Zumba Fitness
Year 1	Fundamentals	Gymnastics	Dance		Athletics	Striking and fielding
Year 2	Ball Skills	Target Games	Yoga	Invasion	Net and Wall	Striking and fielding
Year 2	Fundamentals	Gymnastics	Dance		Athletics	Zumba Fitness
Year 3	Fundamentals	Invasion through Netball	Target Games through Dodgeball	Net and Wall Games through Tennis	Athletics	Striking and Fielding through Cricket
Year 3	Dance		Gymnastics	Dance		
Y3 Sporting Icons	Beth Tweedle		Johnny Lomax		Paula Ratcliffe	
Year 4	Gymnastics	Swimming	Invasion through Football	Athletics	Striking and fielding through Rounders	Target Games through Dodgeball
Year 4	Dance		Dance	OAA		
Y4 Sporting Icons	Casey Stoney		Rebecca Adlington		Andy Murray	
Year 5	Striking and Fielding through Cricket	Target Games through Dodgeball	Invasion Games through Handball	Gymnastics	OAA	Swimming
Year 5		Dance		Athletics	Dance	
Y5 Sporting Icons	Max Whitlock		Sebastian Coe		Michael Phelps	
Year 6	Swimming	Target Games through Dodgeball	Net and Wall Games through Badminton	Invasion Games through Basketball	Athletics	Striking and Fielding through Rounders
Year 6		Dance	Gymnastics		Dance	
Y6 Sporting Icons	Michael Jordan		Jessica Ennis-Hill			