P.E at Parish C.E Primary School







The intention of our physical education curriculum is to develop physical literacy through a holistic, knowledge-based design.

In EYFS, our children develop their fine and gross motor skills in order to participate in non-sport specific team and individual games.

At KSI, we aim to provide children with the foundations to become adept at a wide range of sports through a broad, non-sport specific approach to PE. In KS2 we combine the knowledge and skills developed at KSI with a sport specific approach to prepare the children for competitive events, including swimming lessons in each year group. We have strong links with many clubs in our local communi ty that enable our children to take their skills further with specialist coaches. An important part of PE delivery at Parish, is teaching the pupils the importance of looking after their own body, and the benefits of exercise and a balanced diet.

INTENT - CURRICULUM SEQUENCED AND KEY CONTENT PRIORITISED

Use of the National Curriculum as a basis with suggested topics for curriculum coverage. A clear, progressive thread towards competitive and sports-specific PE in KS2, beginning with introductory foundations to learning fundamental movement skills in EYFS and KSI.

Each year group at KSI learn the fundamental movement skills essential for participation in a range of sportspecific activities including sending and receiving, invasion games, athletics and ball skills.

In KS2, the children are given the opportunity to apply the knowledge and skills developed in KS1 with more a rule intensive, sports specific approach. Each Year group studies a specific striking and fielding sport, net and wall game, invasion game, athletics, dance and swimming.

The curriculum is designed to allow the children as much opportunity as possible to become an expert in the sport chosen by including each sport at least twice in KS2.

Our curriculum is intended to promote a love of sport and physical activity to encourage children to become life-long participants and healthy, active adults.

To provide children with the tools required to participate and excel in a range of sports in competitive situations.

To play games fairly, demonstrating sporting attitudes towards winning and losing with grace through the development of resilience and perseverance.



EYFS AS THE 'BEDROCK'

FLG- PHYSTCAL DEVELOPMENT

Characteristics of effective learning.

Moving and handling.

- 2. Health and self care.
- Exploring and using media.

EXPRESSIVE ARTS AND DESIGN

Being imaginative



CULTURAL CAPITAL

The children will learn about areas specific to PE such as functional skills, invasion games, gymnastics, dance, swimming, and striking and fielding games. In addition, they will also have the opportunity to attend sporting events and work with specialist coaches.

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READING AS THE BEATING HEART



PE a.t Parish C.E Primary School



