

# Parish Spirit Long-Term Plan [Year 6]:



Parish C.E Primary School

## **Transferrable Concepts developed through our Parish Spirit Curriculum:**

| <u>Identity</u> | Relationships | <b>Healthy and</b> | Risk and Safety | <b>Diversity and</b> | Rights,          | Change and | <u>Career</u> |
|-----------------|---------------|--------------------|-----------------|----------------------|------------------|------------|---------------|
|                 |               | <b>Balanced</b>    |                 | <b>Equality</b>      | Responsibilities | Resilience |               |
|                 |               | <u>Lifestyle</u>   |                 |                      | and Consent      |            |               |
|                 |               |                    |                 |                      |                  |            |               |

- 1. **Identity** (their personal qualities, attitudes, skills, attributes and achievements and what influences these; understanding and maintaining boundaries around their personal privacy, including online. This also incorporates the development of their own faith or life view, their own beliefs and values).
- 2. Relationships (including different types and in different settings, including online. Also, this is in a spiritual sense, with ourselves, others, the world and with God).
- 3. A **healthy** (including physically, emotionally and socially), **balanced lifestyle** (including within relationships, work-life, exercise and rest, spending and saving and lifestyle choices).
- 4. **Risk** (identification, assessment and how to manage risk, rather than simply the avoidance of risk for self and others) and **safety** (including behaviour and strategies to employ in different settings, including online in an increasingly connected world.
- 5. Diversity and equality (in all its forms, with due regard to the protected characteristics set out in the Equality Act 2010).
- 6. Rights (including the notion of universal human rights), responsibilities (including fairness and justice) and consent (in different contexts).
- 7. **Change** (as something to be managed) and **resilience** (the skills, strategies and 'inner resources' we can draw on when faced with challenging change or circumstance).
- 8. Career (including enterprise, employability and economic understanding).

All of the concepts above are rooted in our commitment to nurturing the spirituality of everyone in our school community. (See developing spirituality at Parish document).

# Parish Spirit – Year 6 Long Term Plan

|                              | Autumn I                                      | Autumn 2  | Spring 1   | Spring 2   | Summer I   | Summer 2  |
|------------------------------|---|---|--|--|--|---|
| Christian Value 22/23        | Faith   | Faith   | Норе   | Норе   | Love   | Love  |
|                              | (Through Wisdom)                              | (Through Community)                             | (Through Trust)  | (Through Courage)                                  | (Through Generosity)   | (Through Friendship).                                   |
| Christian Value 23/24        | Faith   | Faith   | Норе   | Норе   | Love   | Love  |
|                              | (Through Dignity)                             | (Through Peace)                                 |  | (Through justice)                                  | (Through Forgiveness)  | (Through Compassion).                                   |
| <u>British Value</u>         | Democracy                                     | Tolerance of Other Faiths and<br>Beliefs        | Mutual Respect   | Rule of Law  | Tolerance of Other Faiths and<br>Beliefs                             | Individual Liberty                                      |
| Rainbow Promises             | Nurture Curiosity                             | British and Christian Values                    | Resilience and Perseverance                              | Well-being and Health                              | Articulate Learners  | Influence Aspirations                                   |
| HeartSmart Theme             | Get HeartSmart                                | Don't Forget to Let Love in                     | Too Much Selfie Isn't Healthy                            | Don't Hold on to What's<br>Wrong                   | Fake is a Mistake  | No Way Through, Isn't True                              |
|                              | Introduction to HeartSmart                    | Learning how important, valued                  | Exploring the importance of                              | Understanding how to process                       | Unpacking how to bravely   | Knowing there is a way through                          |
|                              |   | and loved we are                                | others and how to love them                              | negative emotion and choose                        | communicate truth and be   | every situation no matter how                           |
|                              |   |   | welli  | forgiveness to restore                             | proud of who we are  | impossible it may seem.                                 |
|                              |   |   |  | relationships.                                     |  |   |
| Cross-Curricular Links       | R.E (Life as a Journey.                       | R.E (Life as a Journey.                         | R.E (People of Faith, Eucharist                          | (R.E (People of Faith, Eucharist,                  | R.E (Pentecost and Ascension.  | R.E (Pentecost and Ascension.                           |
|                              | Christmas Advent).                            | Christmas Advent).                              | Easter - Who was Jesus?).                                | Easter - Who was Jesus?).                          | Expressing Christian Faith   | Expressing Christian Faith                              |
|                              | PE (Basketball, gymnastics).                  | P.E (OAA, Zumba Fitness).                       | P.E (Hockey, badminton).                                 | Science (The Human Body                            | Through Art. Ideas about God).                                       | Through Art. Ideas about God).                          |
|                              |   |   |  | Systems).  | P.E (Rounders, dance).   | P.E (Football, swimming).                               |
| Whole School Events          | \\\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \         | UK Parliament Week                              | W IIDI. D  | P.E (Athletics, yoga).                             | D. I   | W 11 F  |
| [Whole school assembly and   | World First Aid Day.<br>[11th September].     | [1st_7th November]                              | <b>World Religion Day</b><br>[16 <sup>th</sup> January]. | Fairtrade Fortnight<br>[22 <sup>nd</sup> February] | <b>Ramadan.</b><br>[22 <sup>nd</sup> March - 21 <sup>st</sup> April] | <b>World Environment Day.</b><br>[5 <sup>th</sup> June] |
| reflection).                 | Democracy Day.                                | Bonfire Night                                   | Chinese New Year.  | World Book Day                                     | World Art Day  | Uorld Music Day   |
| reflectionij.                | [15 <sup>th</sup> September].                 | [5th November]                                  | [22 <sup>rd</sup> January].                              | [2 <sup>rd</sup> March].                           | [15th April]   | [21st June]   |
| [Subject specific activities | European Day of Languages                     | World Science Day                               | 122 Januaryy.<br>Holocaust Memorial Day.                 | International Women's Day.                         | St George's Day  | Careers Week  |
| planned by Subject           | [26 <sup>th</sup> September]                  | [10 <sup>th</sup> November]                     | [27 <sup>th</sup> January]                               | [8th March]  | [23rd Aprill].   | [II <sup>th</sup> July]                                 |
| Champion].                   | Sukkot  | Remembrance Day.                                | NSPCC Number Day   | World Maths Day                                    | School Safety Week   | Transition Month  |
| o, aan <del>p</del> aong     | [20 <sup>th</sup> -27th September]            | [11th November]                                 | [4th February].  | [14 <sup>th</sup> March]                           | [I <sup>st</sup> May].   | [Throughout July].                                      |
|                              | World Homeless Day.                           | Anti-Bullying Week                              | Safer Internet Day                                       | St Patrick's Day.                                  | Christian Aid Week   | [   |
|                              | [10th October].                               | [14 <sup>th</sup> - 18th November].             | [7 <sup>th</sup> February].                              | [17 <sup>th</sup> March]                           | [15 <sup>th</sup> May - 21 <sup>st</sup> May].                       |   |
|                              | Mawlid al-Nabi.                               | St Andrew's Day.                                | . 01   | Holi   | World Cultural Diversity Day   |   |
|                              | [18 <sup>th</sup> - 19 <sup>th</sup> October] | [30 <sup>th</sup> November]                     |  | [18-19 <sup>th</sup> March]                        | [21# May].   |   |
|                              | Diwali  | Hanukkah.                                       |  | World Autism Day                                   | • •  |   |
|                              | [24th October].                               | [18 <sup>th</sup> – 26 <sup>th</sup> December]. |  | [2 <sup>nd</sup> April]                            |  |   |
|                              | Black History Month                           | Qatar World Cup                                 |  |  |  |   |
|                              | [Throughout October]                          | [21st November - 18th December].                |  |  |  |   |

| Religious Events                   |                               | ž ž                                | •                                    | of the Christian Church, using Roots  |                              |                                |
|------------------------------------|-------------------------------|------------------------------------|--------------------------------------|---|------------------------------|--------------------------------|
| Year Group Specific Event          | Y6 will visit Faith Living F  | Room Workshop' and work with 'B-To | ales' as part of the programmes of s | tudy for Religious Education, This is<br>Mod <mark>ule 5 Financial Risks</mark> | Module 5 Financial Risks     | Module 6 Money Risks           |
| <mark>External Visitor Led.</mark> |                               |                                    |                                      | [Money Mentors].  | [Money Mentors].             | [Money Mentors].               |
|                                    |                               |                                    |                                      |   | Safety Week -                |                                |
|                                    |                               |                                    |                                      |   | Electrical Safety.           |                                |
|                                    | Autumn I                      | Autumn 2                           | Spring 1                             | Spring 2  | Summer 1                     | Summer 2                       |
| Session I                          | HeartSmart L1.                | HeartSmart L1.                     | HeartSmart L1.                       | HeartSmart L1.  | HeartSmart L1.               | HeartSmart L1.                 |
|                                    | The Parish Way                | The Parish Way                     | The Parish Way                       | The Parish Way  | The Parish Way               | The Parish Way                 |
| Session 2                          | HeartSmart L2.                | HeartSmart L2.                     | HeartSmart L2.                       | HeartSmart L2.  | HeartSmart L2.               | HeartSmart L2.                 |
|                                    | Democracy - What is the       | Tolerance Other Cultures and       | Mutual Respect -How can we           | Rule of Law - What are human  | Tolerance Other Cultures and | Individual Liberty - What is   |
|                                    | separation of power?          | Religions - How can we explore     | show respect in the community?       | rights?   | Religions - How can we       | freedom of speech, thought and |
|                                    |                               | prejudice?                         |                                      |   | challenge prejudice?         | actions?                       |
| Session 3                          | Drugs, Alcohol and Tobacco    | CW RSE Lesson I.                   | Drugs, Alcohol and Tobacco           | CW RSE Lesson 2.  | CW RSE Lesson 3.             | CW RSE Lesson 4                |
|                                    | Lesson 1/2                    |                                    | Lesson 3                             |   |                              |                                |
|                                    |                               |                                    |                                      |   | Safety Week Focus Activity   |                                |
|                                    |                               |                                    |                                      |   | (Electrical Safety).         |                                |
| Session 4                          | HeartSmart L3.                | HeartSmart L3.                     | HeartSmart L3.                       | HeartSmart L3 - No Outsiders -  | HeartSmart L3.               | HeartSmart L3.                 |
|                                    | No Outsiders - A Day in the   | No Outsiders - Leaf.               | No Outsiders - The Only Way          | King of the Sky.  | No Outsiders - The Island.   | No Outsiders –                 |
|                                    | Life in Marlon Bundo.         |                                    | is Badger.                           |   |                              | Introduce Teddy.               |
| Session 5                          | HeartSmart L4                 | HeartSmart L4                      | HeartSmart L4                        | HeartSmart L4   | HeartSmart L4                | HeartSmart L4                  |
|                                    | NOS (Self-Image and Identity) | NOS (Online bullying)              | Share Computing Book (The            | NOS (Health, Wellbeing and  | NOS (Privacy and security)   | Share Computing Book           |
|                                    |                               |                                    | Internet Is Like a Puddle).          | Lifestyle)  |                              | (Troll Stinks).                |
|                                    |                               |                                    | (Online reputation)                  |   |                              | (Online relationship)          |
| Session 6                          | HeartSmart L5.                | HeartSmart L5.                     | HeartSmart L5.                       | HeartSmart L5.  | HeartSmart L5.               | HeartSmart L5.                 |
|                                    | P4C Session                   | P4C Session                        | P4C Session                          | P4C Session   | P4C Session                  | P4C Session                    |
|                                    |                               |                                    |                                      |   |                              |                                |
| Session 7                          | HeartSmart L6.                | HeartSmart L6.                     | HeartSmart L6.                       | HeartSmart L6.  | HeartSmart L6.               | HeartSmart L6.                 |
|                                    | Consolidation and Recap.      | Consolidation and Recap.           | Consolidation and Recap.             | Consolidation and Recap.  | Consolidation and Recap.     | Consolidation and Recap.       |
|                                    |                               |                                    |                                      |   |                              |                                |

## **Year 6 HeartSmart Content:**

A HeartSmart lesson is taught once per week. Across the year, the following transferrable concepts are covered through HeartSmart lessons in Year 6. Identity, relationships, healthy and balanced lifestyle, risk and safety, diversity and equality, rights, responsibilities and consent, change and resilience, and career.

| Unit                              | Lesson 1   | Lesson 2  | Lesson 3   | Lesson 4  | Lesson 5   | Lesson 6  | Lesson 7   |
|-----------------------------------|--|---|--|---|--|---|--|
| GET HEARTSMART                    | Get HEARTSMART<br>Introduction to<br>HeartSmart                                      | Powerful Poses<br>Demonstrate that our<br>body language can be<br>used to help us feel<br>more powerful | Stone Trainers<br>Comparing our hearts<br>to trainers - how do we<br>keep our hearts soft but<br>strong                      | Secret Scenarios Recognising when it is right to keep a secret and when a secret should be shared         | Tying the Knot<br>Recognising the<br>importance of<br>commitment in marriage               | Healthy Food, Healthy<br>Heart<br>Learning about the<br>Eatwell plate and how<br>to plan a healthy meal | Get HEARTSMART<br>Reflection<br>What we have learned<br>about Get<br>HEARTSMART                                |
|                                   | HS FILM<br>R&HE - CF1, CF3, MW1<br>PSHE - H2,R2                                      | ACTIVITY<br>R&HE - RR4, MW6<br>PSHE - H6  | WORKSHEET<br>R&HE - MW1, MW3,<br>MW4<br>PSHE - H1  | DISCUSSION<br>R&HE - BS2, BS5<br>PSHE - R9, H14   | ACTIVITY<br>R&HE - F5<br>PSHE - R5   | ACTIVITY<br>R&HE - HE2<br>PSHE - H3   | WORKSHEET<br>R&HE - CF1, CF3,<br>MW1<br>PSHE - H1, R2  |
| DON'T FORGET TO<br>LET LOVE IN!   | Don't Forget to Let<br>Love in!<br>Introduction to the 1st<br>HeartSmart principle   | What are you worth?<br>Working out what we<br>are worth   | People say I am<br>Encouraging one<br>another with kind and<br>positive words &<br>accepting<br>the words spoken<br>about us | Thumbs Up<br>Recalling significant<br>events and people in our<br>lives so far                            | Gratitude jar Thinking of things we are grateful for each week                             | Signs to Spot<br>Identifying early signs of<br>illness  | Don't Forget to Let<br>Love in Reflection<br>What we have learned<br>about Don't Forget to<br>Let Love in!     |
|                                   | HS FILM<br>R&HE - RR4, MW1<br>PSHE - H1, R2  | ACTIVITY<br>R&HE - RR4<br>PSHE - H5   | ACTIVITY<br>R&HE - CF3<br>PSHE - H5  | ACTIVITY<br>R&HE - F1, F3, CF1<br>PSHE - R4   | ACTIVITY<br>R&HE - MW1<br>PSHE - H1  | ACTIVITY<br>R&HE - HP1<br>PSHE - N/A  | WORKSHEET<br>R&HE - RR4, MW1<br>PSHE - H1, H7  |
| TOO MUCH SELFIE<br>ISN'T HEALTHY! | Too Much Selfie isn't<br>Healthy!<br>Introduction to the 2nd<br>HeartSmart principle | All the Same, All<br>Different<br>Demonstrating ways we<br>are different and ways<br>we are the same    | Listen up!<br>Practising being a good<br>listener  | You go before me Thinking of ways the generations before us have overcome challenges that we benefit from | Growing together<br>Considering ways we<br>can be a good friend<br>and support one another | Social media - good or<br>bad?<br>Discussing the benefits<br>and dangers of social<br>media             | Too Much Selfie isn't<br>Healthy Reflection<br>What we have learned<br>about Too Much Selfie<br>isn't Healthy! |
|                                   | HS FILM<br>R&HE - CF2, CF3<br>PSHE - R1, R2  | GAME<br>R&HE- CF3, RR1, RR5<br>PSHE - L11,R13   | ACTIVITY<br>R&HE- CF4, RR1<br>PSHE - R10   | ACTIVITY<br>R&HE- RR5<br>PSHE - L11   | ACTIVITY<br>R&HE - CF2, CF3<br>PSHE - R10  | DISCUSSION<br>R&HE - ISH2, ISH3,<br>ISH4<br>PSHE - H22,H24  | WORKSHEET<br>R&HE - CF2, CF3<br>PSHE - R1, R2  |

| Lesson 1   | Lesson 2  | Lesson 3   | Lesson 4   | Lesson 5   | Lesson 6   | Lesson 7   |
|--|---|--|--|--|--|--|
| Don't Hold on to What's<br>Wrong<br>Introduction to the 3rd<br>HeartSmart principle  | Work it Out<br>Developing strategies<br>to resolve conflict and<br>disputes   | Power of Forgiveness - Jimmy Mizen's parents Discussing how we benefit when we choose to forgive others  | Way to Say Exploring how our tone and body language communicates more than our words   | Bit by Bit<br>Discussing how to build<br>trust between friends   | Deep Impact<br>Considering the impact<br>of bullying   | Reflection<br>What we have learned<br>about  |
| HS FILM<br>R&HE - CF4, RR2<br>PSHE - H1  | ACTIVITY<br>R&HE - CF4, RR2<br>PSHE - R12   | DISCUSSION<br>R&HE - MW1<br>PSHE - R12   | ACTIVITY<br>R&HE - RR2, OR1<br>PSHE - R2   | ACTIVITY<br>R&HE - CF2, CF5<br>PSHE - R9, R21  | ACTIVITY<br>R&HE- RR6, MW8<br>PSHE - R14   | WORKSHEET<br>R&HE - CF4, RR2<br>PSHE - H1, H7  |
| Fake is a Mistake!<br>Introduction to the 4th<br>HeartSmart principle                | This is Me!<br>Being proud of who we<br>are   | HeartSmart Self-Talk<br>Catching negative self-<br>talk and replacing it<br>with positive self-talk  | Boundaries for Respect<br>Learning how to use<br>boundaries to establish<br>respectful friendships   | Vaccines - Facts vs<br>Fake News!<br>Finding out facts about<br>vaccinations   | Fix it, Find out, Fit in!<br>Find out facts about<br>legal and illegal<br>substances and their<br>risks  | Fake is a Mistake<br>Reflection<br>What we have learned<br>about Fake is a<br>Mistake!   |
| HS FILM<br>R&HE - CF2<br>PSHE - R2   | DISCUSSION<br>R&HE - N/A<br>PSHE - H6, H7, R16  | DISCUSSION<br>R&HE - MW1<br>PSHE - H1, H6, H7  | ACTIVITY<br>R&HE - BS1, RR2<br>PSHE - R3, R10, R18   | ACTIVITY<br>R&HE - HP6, ISH6<br>PSHE -   | ACTIVITY<br>R&HE - DAT1<br>PSHE - H17  | WORKSHEET<br>R&HE - CF2<br>PSHE - R2   |
| 'No Way Through' isn't<br>True!<br>Introduction to the final<br>HeartSmart principle | The Bridge to Yet<br>Demonstrating that 'No<br>Way Through' isn't True!   | Self-awareness Thinking about how we are feeling, why we feel that way and what we need  | Hearts Filled with Hope<br>Looking at the power of<br>Hope and how it can<br>keep us going   | Where the Magic<br>Happens<br>Learning to step out of<br>our comfort zones   | Under Construction -<br>the teenage brain!<br>How the brain changes<br>during puberty  | 'No Way Through'<br>isn't True Reflection<br>What we have learned<br>about 'No Way<br>Through' isn't True!   |
| HS FILM<br>R&HE - MW2<br>PSHE - H6, H7   | ACTIVITY<br>R&HE - MW3<br>PSHE-H1, H5, H7   | ACTIVITY R&HE - MW1, MW3, MW4 PSHE - H2, H16   | ACTIVITY<br>R&HE - MW4<br>PSHE - H1, H7  | ACTIVITY<br>R&HE - MW4<br>PSHE - H8, H9  | ACTIVITY<br>R&HE - CAB1<br>PSHE - H13  | WORKSHEET<br>R&HE - MW2<br>PSHE - H6, H7   |
|  | Don't Hold on to What's Wrong Introduction to the 3rd HeartSmart principle  HS FILM R&HE - CF4, RR2 PSHE - H1  Fake is a Mistake! Introduction to the 4th HeartSmart principle  HS FILM R&HE - CF2 PSHE - R2  'No Way Through' isn't True! Introduction to the final HeartSmart principle | Don't Hold on to What's Wrong Introduction to the 3rd HeartSmart principle  HS FILM R&HE - CF4, RR2 PSHE - H1  Fake is a Mistake! Introduction to the 4th HeartSmart principle  HS FILM R&HE - CF2 PSHE - R2  PSHE - R2  DISCUSSION R&HE - N/A PSHE - H6, H7, R16  'No Way Through' isn't True! Introduction to the final HeartSmart principle  HS FILM R&HE - MW2  ACTIVITY R&HE - MW3  ACTIVITY R&HE - MW3 | Don't Hold on to What's Wrong Introduction to the 3rd HeartSmart principle  HS FILM R&HE - CF4, RR2 PSHE - H1  Fake is a Mistake! Introduction to the 4th HeartSmart principle  HS FILM R&HE - CF2 PSHE - R2  PSHE - R2  DISCUSSION R&HE - MW1 PSHE - R12  Film R&HE - CF2 PSHE - H6, H7  IT Bridge to Yet Demonstrating that 'No Way Through' isn't True!  IN Way Through' isn't True!  HS FILM R&HE - MW2 PSHE - MW3 PSHE - MW1, MW3, MW4  POwer of Forgiveness  Jimmy Mizen's parents  Discussing how we benefit when we choose to forgive others  DISCUSSION R&HE - MW1 PSHE - MW1 PSHE - R12  HeartSmart Self-Talk Catching negative self-talk and replacing it with positive self-talk and replacing it w | Don't Hold on to What's Wrong Introduction to the 3rd HeartSmart principle  HS FILM R&HE - CF4, RR2 PSHE - H1  Fake is a Mistake! Introduction to the 4rth HeartSmart principle  HS FILM R&HE - CF2 PSHE - R2  HS FILM R&HE - CF2 PSHE - H0, H7  R&HE - MW1 PSHE - H6, H7  R&HE - MW2 PSHE - H6, H7  R&HE - MW2 PSHE - MW3 PSHE - MW3 PSHE - MW3 PSHE - MW3 PSHE - MW4 PSHE - MW4 PSHE - MW4 PSHE - MW3 PSHE - MW4 PSHE - MW3 PSHE - MW4 PSHE - H1, H7 | Don't Hold on to What's Wrong   Work it Out Developing strategies to resolve conflict and disputes   Power of Forgiveness   Power of Power o | Don't Hold on to What's Wrong introduction to the 3rd HeartSmart principle  HS FILM RAHE - CF4, RR2 PSHE - H1  Fake is a Mistake! Introduction to the 4th HeartSmart principle  HS FILM RAHE - CF2, RR2 PSHE - R12  Fake is a Mistake! Introduction to the 4th HeartSmart principle  HS FILM RAHE - CF2, RR2 PSHE - R12  Fake is a Mistake! Introduction to the 4th HeartSmart principle  HS FILM RAHE - N/A PSHE - H6, H7, R16  HS FILM RAHE - N/A PSHE - H6, H7, R16  RAHE - N/A PSHE - H1, H6, H7  RAHE - MW2 PSHE - H1, H7  RAHE - MW3 PSHE - H1, H7  RAHE - MW3 PSHE - H1, H7  RAHE - MW4 PSHE - H1, H7  PSHE - H1, |

#### **Year 6 National Online Safety Content:**

All online safety lessons are taught across the Key Stage and repeated to support retrieval and application of knowledge. Resources are used from the National Online Safety Programme, with lessons taught based upon the emerging needs of the children. Across the year, the following transferrable concepts are covered through online safety lessons: identity, relationships, healthy and balanced lifestyle and risk and safety.

# Year 6 online safety lesson plans



| Lesson Plan Title        | Objectives   | Lessons  |
|--------------------------|--|--|
| Self-image &<br>Identity | I can identify and critically evaluate online content relating to gender, race, religion, disability, culture and other groups and explain why it is important to challenge and reject inappropriate representations online.  I can describe issues online that could make anyone feel sad, worried, uncomfortable or frightened. I know and can give examples of how to get help online and offline.  I can explain the importance of asking until I get the help needed.   | Lesson 1 – Challenging stereotypes  Lesson 2 – Managing online situations  Lesson 3 – Giving online safety advice      |
| Online<br>Relationships  | I can explain how sharing something online may have an impact either positively or negatively.  I can describe how to be kind and show respect for others online including the importance of respecting boundaries regarding what is shared about them online and how to support them if others do not.  I can describe how things shared privately online can have unintended consequences for others, for example screen-grabs.  I can explain that taking or sharing inappropriate images of someone, for example embarrassing images, even if they say it is okay, may have an impact for the sharer and others. I can also explain who can help if someone is worried about this. | Lesson 1 – Sharing photos of others Lesson 2 – To share or not to share? Lesson 3 – My digital footprint               |
| Online<br>Reputation     | I can explain the ways in which anyone can develop a positive online reputation.  I can explain strategies anyone can use to protect their digital personality and online reputation, including degrees of anonymity.  | Lesson 1 – Protecting my online reputation Lesson 2 – Creating a positive online presence Lesson 3 – My profile        |
| Online<br>Bullying       | I can describe how to capture bullying content as evidence (e.g. screen-grab, URL, profile) to share with others who can help me.  I can explain how someone could report online bullying in different contexts.   | Lesson 1 – Screengrabs and screenshots  Lesson 2 – Reporting online bullying  Lesson 3 – The impact of online bullying |

| Lesson Plan Title                   | Objectives  | Lessons   |
|-------------------------------------|---|---|
| Managing<br>Online<br>Information   | I can explain how search engines work and how results are selected and ranked. I can explain how to use search technologies effectively. I can describe how some online information can be opinion and can offer examples. I can explain how and why some people may present opinions as facts, and why the popularity of an opinion or the personalities of those promoting it does not necessarily make it true, fair or perhaps even legal. I can define the terms 'influence', 'manipulation' and 'persuasion' and explain how someone might encounter these online, for example advertising, ad targeting and targeting for fake news. I understand the concept of persuasive design and how it can be used to influences peoples' choices. I can demonstrate how to analyse and evaluate the validity of facts and information, and I can explain why using these strategies is important. I can explain how companies and news providers target people with online news stories they are more likely to engage with and how to recognise this. I can describe the difference between online misinformation and disinformation. I can explain why information that is on a large number of sites may still be inaccurate or untrue. I can assess how this might happen, for example the sharing of misinformation or disinformation. I can identify, flag and report inappropriate content. | Lesson 1 – Persuasion and adverts Lesson 2 – Fake news detective Lesson 3 – Writing fake news                   |
| Health,<br>Wellbeing &<br>Lifestyle | I can describe common systems that regulate age-related content (e.g. PEGI, BBFC, parental warnings) and describe their purpose.  I recognise and can discuss the pressures that technology can place on someone and how and when they could manage this.  I can recognise features of persuasive design and how they are used to keep users engaged (current and future use).  I can assess and action different strategies to limit the impact of technology on health (e.g. night-shift mode, regular breaks, correct posture, sleep, diet and exercise).  | Lesson 1 – Being healthy with technology Lesson 2 – Persuasive design online Lesson 3 – Pressure and technology |
| Privacy &<br>Security               | I can describe effective ways people can manage passwords, for example storing them securely or saving them in the browser.  I can explain what to do if a password is shared, lost or stolen.  I can describe how and why people should keep their software and apps up to date, for example auto updates.  I can describe simple ways to increase privacy on apps and services that provide privacy settings.  I can describe ways in which some online content targets people to gain money or information illegally; I can describe strategies to help me identify such content (e.g. scams, phishing).  I know that online services have terms and conditions that govern their use.   | Lesson 1 – Managing passwords Lesson 2 – Real or fake? Lesson 3 – Phishing                                      |
| Copyright &<br>Ownership            | I can demonstrate the use of search tools to find and access online content which can be reused by others.  I can demonstrate how to make references to, and acknowledge, sources I have used from the internet.  | Lesson 1 – Copyright presentations Lesson 2 – Referencing Lesson 3 – Bibliographies                             |

## **Year 6 Sex and Relationships Education Content:**

Sex Education is taught using resources from the Christopher Winter Project. Across the year, the following transferrable concepts that are covered throughout lessons in Year 6 are: identity, relationships, healthy and balanced lifestyle, risk and safety and rights, responsibilities and consent.

\*Guidance from the Department of Education state that parents have the right to withdraw their child from these sessions.

| Scheme of   | f Work  | Word Box: Womb, sperm, ex   | gg, conception, ferti                                | os and Reproduction Key Stad<br>lisation, pregnancy, sexual intercourse, twins, fostering, adopti<br>munication, personal/private information, internet safety   |
|---|---|---|--|--|
| dealth Education Alental wellbeing 6c,6d,6f,6g,6i,6j) Changing Adolescent body 8a,8b)   | Learning Intention To consider puberty a Learning Outcomes Describe how and wh puberty in preparation | ons and Learning Outcomes and reproduction by the body changes during                                   | Lesson Title Lesson 1 Puberty and Reproduction       | Resources Puberty Changes Teacher Guide Puberty Body Part cards Reproduction questions sheet Reproduction answer cards Reproduction whiteboard summary.  Additional Activities Year 6 Puberty Problem Page. Year 6 Puberty Problem Page Cut-outs Year 6 Puberty Problem Page Teacher Guide               |
| telationships Education<br>amilies and people who care<br>or us (1a,1b,1d,1f)<br>caring friendships (2a,2b,2c)<br>(espectful relationships 3b,3d,3h)<br>eing safe (5a,5b,5c,5d,5e)  | respect in relationships<br>Learning Outcomes<br>Explain differences betw                             |   | Lesson 2<br>Communication in<br>Relationships        | Communication and Touch cards Pupil Questions template   |
| telationships Education<br>amilies and people who care<br>or us (1c,1d,1e)<br>(ey Stage 2 Science<br>recognise that living things<br>produce offspring of the same<br>ind, but normally offspring vary<br>nd are not identical to parents | Learning Outcomes<br>Describe the decision<br>having children   | ways people might start a family<br>is that have to be made before<br>ts about conception and pregnancy | Lesson 3<br>Families,<br>Conception<br>and Pregnancy | Couple pictures How does a baby start? Cards (one set per group) How does a baby start? whiteboard summary Pupil Questions from previous lesson - typed Additional Activities Conception and Pregnancy statements Conception and Pregnancy Quiz Conception and Pregnancy Quiz Reproductive System slides |
| elationships Education<br>inline relationships<br>Ia,4b,4C,4d,4e)<br>eing safe (5a,5b,5d,5e,5g,5h)<br>lental wellbeing (6h,6i)  | in a relationship<br>Learning Outcomes<br>To have considered w<br>personal/private info               | rhen it is appropriate to share<br>rmation in a relationship<br>ere to get support if an online         | Lesson 4<br>Online<br>Relationships                  | Relationship Question cards Communication Scenario cards Communication Scenarios answers Communication Scenarios whiteboard summary Additional Activities Film clip from www.thinkuknow.co.uk  |

# **Progression of British Values at Parish C.E Primary School:**

The following lessons are discretely taught through our Parish Spirit Curriculum and collective worship, to deliver progressive content in relation to the five core British Values. This is then supplemented by a programme of activities and opportunities, delivered through our wider Rainbow Curriculum.

Each British Value has a focus for one half-term, with the Tolerance of Those with Different Faiths and Beliefs delivered twice to meet the needs of our school community.

| Year Group | <u>Democracy</u>  | <u>The Rule of Law</u>                          | <u>Individual Liberty</u>                          | <u>Mutual Respect</u>                    | <u>Tolerance of Those with</u><br><u>Different Faiths and Beliefs</u> |
|------------|---|---|--|--|---|
| EYFS       | <u>D</u><br>Making decisions.                                       | RL<br>Right and Wrong.                          | IL<br>You and Me: Similarities and<br>Differences. | M<br>How to share.                       | <u>T</u><br>Friends, Friendship and<br>Friendliness.                  |
| Year 1     | <u>D1</u><br>Our School Council.                                    | <u>RL1</u><br>Class Rules.                      | IL1<br>Respecting Myself.                          | M1<br>Respecting Others.                 | T1<br>Similarities and Differences.                                   |
| Year 2     | <u>D2</u><br>Our Governing Body.                                    | <u>RL2</u><br>School Rules.                     | IL2<br>Wonderful Me: I Am Unique.                  | M2<br>How to deal with<br>disagreements. | T2 The meaning of tolerance.  |
| Year 3     | <u>D3</u><br>St Helens Council.                                     | RL3<br>What is the Rule of Law?                 | IL3 Who am I? Personality, Talents and Abilities.  | M3 How to show respect to others.        | T3 Faith and Belief in the UK.  |
| Year 4     | D4 The Origins of Democracy and Other Systems of Governance.        | RL4<br>What are Rights and<br>Responsibilities? | <u>IL4</u><br>My Values, Needs and<br>Wants.       | <u>M4</u><br>Self-respect.               | T4 Challenging Stereotypes.   |
| Year 5     | <u>D5</u><br>UK Parliament and Voting<br>Systems.                   | RL5<br>Law Making and Enforcing.                | IL5<br>Body, Image and the Media.                  | M5<br>Showing Respect Online.            | T5<br>Challenging Discrimination.                                     |
| Year 6     | <u>D6</u> The Separation of Power: The Executive and the Judiciary. | <u>RL6</u><br>Human Rights.                     | I <u>L6</u> Freedom of Speech, Thought and Action. | M6<br>Respect in the Community.          | <u>T6</u><br>Challenging Prejudice.                                   |

# No Outsiders at Parish C.E Primary School:

The following books are shared once per half-term, through our Parish Spirit Curriculum and programme of Collective Worship.

Each book has a clear learning aim and is taught to supplement our teaching of both British and Christian Values.

| Year Group       | Autumn 1                              | Autumn 2                                    | Spring 1                                    | Spring 2                  | Summer 1                                    | Summer 2                    |
|------------------|---------------------------------------|---|---|---------------------------|---|-----------------------------|
|                  |                                       |   |   |                           |   |                             |
| <u>Nursery</u>   | You Choose                            |   | Red Rockets and                             |                           | Hello, Hello.                               |                             |
|                  | Aim: I can choose what I              |   | Rainbow Jelly                               |                           | Aim: I can say hello.                       |                             |
|                  | like.                                 |   | Aim: It's ok to like                        |                           |   |                             |
|                  | 51 61 1                               |   | different things.                           |                           |   |                             |
| <u>Reception</u> | Blue Chameleon                        |   | Mommy, Mama and Me.                         |                           | The Family Book                             |                             |
|                  | Aim: I can make a new friend.         |   | Aim: I can celebrate my family.             |                           | Aim: I can understand that all families are |                             |
|                  | mena.                                 |   | rarriny.                                    |                           | different.                                  |                             |
| Year 1           | Elmer.                                | My World Your World.                        | Errol's Garden.                             | Want to play trucks?      | Going to the Volcano.                       | Hair, It's a Family Affair. |
| <u>rear 1</u>    | Aim: I like the way I am.             | Aim: I share the world                      | Aim: I know how to work                     | Aim: I can find ways to   | Aim: I can join in with                     | Aim: I can say what I am    |
|                  | <u>rum</u> . Time the way rum.        | with lots of people.                        | together.                                   | play together.            | others.                                     | proud of.                   |
| Voer 3           | All Are Welcome.                      | Can I join your club?                       | Ü   | What the Jackdaw saw?     | The Great Big Book of                       | How to be a Lion.           |
| <u>Year 2</u>    | Aim: I know why are                   | Aim: I know how to work                     | Amazing. Aim: I know what makes             | Aim: I can communicate    | Families.                                   | Aim: I know how to have     |
|                  | belong.                               | different people.                           | a good friend.                              | in different ways.        | Aim: I can understand                       | self-confidence.            |
|                  | belong.                               | different people.                           | a good mena.                                | in different ways.        | what diversity is.                          | sen-connuence.              |
| Year 3           | Beegu.                                | This is Our House.                          | Planet Omar: Accidental                     | We're All Wonders.        | The Hueys in the New                        | The Truth About Old         |
|                  | Aim: I know to be                     | Aim: I know what                            | Trouble Magnet.                             | Aim: I know what a        | Jumper.                                     | People.                     |
|                  | welcoming.                            | discrimination means.                       | Aim: I know how-to live-                    | bystander is.             | Aim: I can recognise and                    | Aim: I can recognise        |
|                  |                                       |   | in Britain together.                        |                           | help an outsider.                           | stereotypes.                |
| <u>Year 4</u>    | Dog's Don't Do Ballet.                | Red: A Crayon's Story.                      | Aalfred and Aalbert.                        | When Sadness Comes to     | Along Came Different.                       | Julian Is a Mermaid.        |
|                  | Aim: I can choose when                | Aim: I can be proud of                      | Aim: I can find common                      | Call.                     | Aim: I can help someone                     | Aim: I can show             |
|                  | to be assertive.                      | who I am.                                   | ground.                                     | Aim: I can look after my  | to accept their                             | acceptance.                 |
|                  |                                       |   |   | mental health.            | differences.                                |                             |
| <u>Year 5</u>    | The Girls.                            | Kenny Lives with Erica                      | How to Heal a Broken                        | Rose Blanche.             | Mixed.                                      | And Tango Makes Three.      |
|                  | Aim: I can explore                    | and Martina.                                | Wing.                                       | Aim: I can justify my     | Aim: I can consider                         | Aim: I can exchange         |
|                  | friendship.                           | Aim: I can consider                         | Aim: I can recognise                        | actions.                  | responses to racist                         | dialogue and express an     |
|                  |                                       | consequences.                               | when someone needs                          |                           | behaviour.                                  | opinion.                    |
| V C              | A Devilor the Life I                  | 1 1   | help.                                       | War of the Cla            | The state of                                | total and war would         |
| <u>Year 6</u>    | A Day in the Life in<br>Marlon Bundo. | Leaf.                                       | The Only Way is Badger.                     | King of the Sky.          | The Island.                                 | Introduce Teddy.            |
|                  | Aim: I can consider                   | Aim: I can overcome fears about difference. | Aim: I can consider language and freedom of | Aim: I can consider       | Aim: I can consider causes of racism.       | Aim: I can show             |
|                  | democracy.                            | about difference.                           | speech.                                     | responses to immigration. | causes of facisiff.                         | acceptance.                 |
|                  | иетпостасу.                           |   | speech.                                     | iningration.              | <u> </u>                                    |                             |